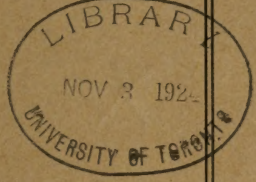
P
Med
S

The Grand Priory of the Order of the Hospital of St. John of Jerusalem in England



AMBULANCE REPORT

St. John Ambulance Association

Seventh Annual Report of the Canadian Branch 1916

Head Office: 14-15 CASTLE BUILDING, OTTAWA, CANADA

"First Aid to the Injured"

By JAMES CANTLIE, M.A., M.B., F.R.C.S.

The Authorized Text Book for the First Aid Course in English

PRICE PER COPY 35 CENTS

"Premiers Secours aux Blessés"

Official Text Book in French

PRICE PER COPY 35 CENTS

"Problems in First Aid"

By L. M. FRANK CHRISTIAN, M.B., C.M., (Edin.)
and WILLIAM EDWARDS, A.C.A.

A Companion to the Authorized Text Book,
"First Aid to the Injured"

PRICE PER COPY 20 CENTS

In no sense does the book take the place of the official manual, but is supplemental to it, and will be found invaluable to the earnest reader.

The Grand Priory of the Order of the Hospital of St. John of Jerusalem in England

AMBULANCE REPORT

St. John Ambulance Association

Seventh Annual Report of the Canadian Branch 1916

Head Office: 14-15 CASTLE BUILDING, OTTAWA, CANADA

OBJECTS OF THE ASSOCIATION

The St. John Ambulance Association was founded in 1877, by the Order of the Hospital of St. John of Jerusalem in England. The Canadian Branch was organized in 1910. The objects are:

(a) The instruction of persons in rendering First Aid in cases of accident or sudden illness, and in the transport of the sick and injured.

(b) The instruction of persons in the elementary principles and practice of nursing, and also of hygiene and sanitation, especially of a sick room.

(c) The manufacture and distribution, by sale or presentation, of ambulance material, and the formation of ambulance depots in mines, factories, and other centres of industry and traffic.

(d) The organization of Ambulance Corps, Invalid Transport Corps and Nursing Corps.

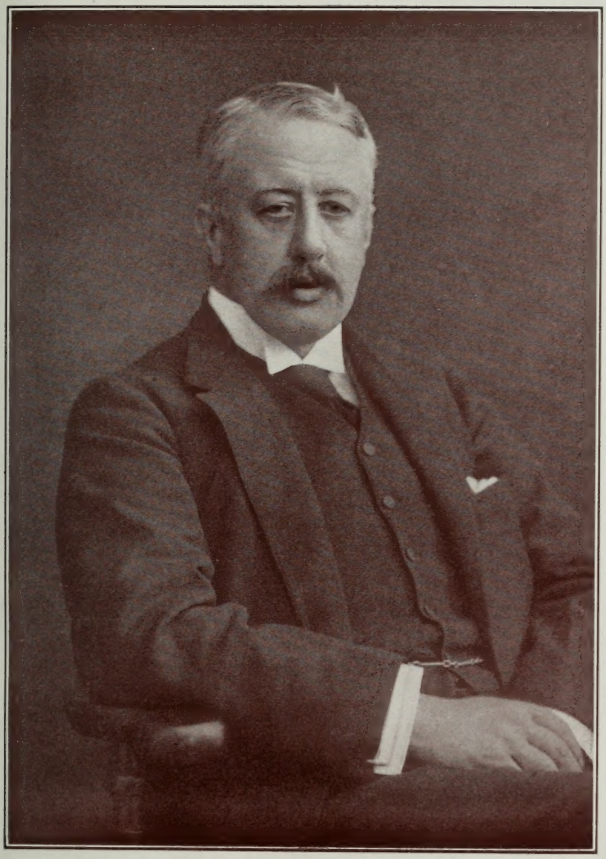
(e) And generally the promotion of instruction and carrying out work for the relief of suffering of the sick and injured in peace and war, independently of class, nationality, or denomination.

The object of the Association is not to rival, but to aid the medical man, and the subject matter of instruction given at the classes has been defined by the Medical Committee of the Ambulance Department with the object of qualifying the pupil to adopt such measures as may be advantageous pending the doctor's arrival, or during the intervals between his visits.

The needless suffering so frequently caused by the ignorance of unskilled persons is as undoubted as it is deplorable.

By rough handling, or even the mere want of the slightest knowledge of how to support an injured limb, a simple fracture has been made compound, or even complicated. The method of arresting bleeding from an artery is quite easy, yet thousands of lives have been lost, the very life blood ebbing away in the presence of sorrowing spectators perfectly helpless because none among them had been taught one of the first rudiments of instruction of an ambulance pupil—the application of an extemporized tourniquet. Again, how frequent is the loss of life by drowning, yet how few persons, comparatively, understand the way to treat properly the apparently drowned.

Scarcely anyone can be found unacquainted with a sick room, and nothing is sadder than the feeling of helplessness experienced by the untaught, when desirous of easing the patient's pain, adding to his comfort, or carrying out the doctor's instructions.



His Excellency The Governor General

PATRON OF THE ASSOCIATION

THE CANADIAN BRANCH

OF THE

St. John Ambulance Association

OFFICERS:

PATRON:

HIS EXCELLENCY, THE GOVERNOR GENERAL.
(Knight of Grace)

PATRONESS:

HER EXCELLENCY, THE DUCHESS OF DEVONSHIRE.
(Lady of Grace)

VICE-PATRONS:

THE LIEUTENANT-GOVERNORS OF THE PROVINCES AND THE COMMISSIONER OF THE YUKON TERRITORY.

HON. PRESIDENT:

WALLACE NESBITT, K.C., Toronto.
(Knight of Grace)

HON. VICE-PRESIDENTS:

R. B. Angus, Montreal.

The Rt. Hon. Sir Robt. L. Borden, P.C., M.P., Ottawa.

Hon. W. J. Bowser, Victoria, B.C.

Hon. H. C. Brewster, Victoria, B.C.

Hon. Martin Burrell, M.P., Ottawa.

E. J. Chamberlin, (Knight of Grace), Montreal.

Hon. Frank Cochrane, M.P., Ottawa.

Hon. T. W. Crothers, M.P., Ottawa.

Hon. Mr. Justice Coderre, Montreal.

Surg.-Gen. The Hon. J. W. Daniel, M.D., St. John, N.B.

J. L. Englehart, Toronto.

Hon. Sydney Fisher, Ottawa.

The Rt. Hon. Sir Chas. Fitzpatrick, G.C.M.G., P.C., Ottawa.

Sir Lomer Gouin, M.L.A., Quebec.

Mr. Justice Haszard, Charlottetown, P.E.I.

Lieut.-General The Hon. Sir Sam Hughes, M.P., Lindsay.

Hon. Sir Edward Kemp, M.P., Ottawa.

Hon. J. H. King, Victoria, B.C.

Hon. W. L. Mackenzie King, Ottawa.

E. P. Lachapelle, M.D., Montreal.

Lt.-Col. Sir William Mackenzie, (Knight of Grace), Toronto.

Hon. Dr. J. D. Maclean, Victoria.

Lt.-Col. William Molson Macpherson, (Knight of Grace), Quebec.

Lt.-Col. Sir D. D. Mann, (Knight of Grace), Toronto.

Hon. George H. Murray, M.L.A., Halifax, N.S.

Brig.-Gen. Sir Henry M. Pellatt, C.V.O.,(Knight of Grace), Toronto

Hon. Sir George H. Perley, M.P., London, England.

Hon. R. A. Pyne, M.L.A., Toronto.

Hon. W. J. Roche, M.P., M.D., Ottawa.

Hon. Sir Thomas White, M.P., Ottawa.

Hon. H. E. Young, M.D., Victoria, B.C.

PRESIDENT:

J. M. COURTNEY, C.M.G., I.S.O., Ottawa.
(Knight of Grace)

VICE-PRESIDENTS:

W. F. ANGUS, Montreal.
MR. JUSTICE CHISHOLM, (Esquire of the Order), Halifax.
BRIG.-GENERAL THE HON. JAMES MASON, (Knight of Grace), Toronto.
A. M. NANTON, (Knight of Grace), Winnipeg.
C. G. PENNOCK, Vancouver.

HON. TREASURER.

GEO. BURN, (Knight of Grace), Ottawa.

HON. SECRETARY:

CHARLES G. COWAN, Ottawa.

HON. SOLICITOR:

J. F. ORDE, K.C., (Knight of Grace), Ottawa.

MEMBERS OF THE GENERAL COUNCIL:

The President, J. M. Courtney, C.M.G., I.S.O.; the Vice-Presidents, W. F. Angus, Mr. Justice Chisholm, Brig.-Gen'l The Hon. James Mason, A. M. Nanton, C. G. Pennock; The Hon. Treasurer, George Burn; The Hon. Secretary, C. G. Cowan; The Deputy Commissioner of Brigade Overseas in Canada, Brig.-Gen'l Sir Henry M. Pellatt, C.V.O.

Hon. Senator N. A. Belcourt, Ottawa.

Brig.-Gen'l J. Lyons Biggar, (Hon. Associate), Ottawa.

Hon. Senator Bostock, Monte Creek, B.C.

W. D. Brydone-Jack, M.D., (Esquire of the Order), Vancouver.

Lt.-Col. J. L. Chabot, M.P., M.D., Ottawa.

Michael Clark, M.P., M.D., Olds, Alta.

C. J. Copp, M.D., (Knight of Grace), Toronto.

Fred Cook, Ottawa.

W. D. Cowan, D.D.S., Regina.

Hon. Sir Louis H. Davies, K.C.M.G., (Knight of Grace), Ottawa.

Major David Donald, M.D., London, England.

Geo. E. Drummond, (Knight of Grace), Montreal.

Sanford Evans, Ottawa.

S. S. Fowler, Nelson, B.C.

Col. J. T. Fotheringham, C.M.G., M.D., (Esquire of the Order), London, England.

W. K. George, (Esquire of the Order), Toronto.

Sir James Grant, M.D., Ottawa.

Lt.-Col. W. A. Grant, Montreal.

F. P. Gutelius, Moncton, N.B.

D. B. Hanna, Toronto.

Col. C. A. Hodgetts, M.D., (Knight of Grace), London, England.

Lt.-Col. J. Alex. Hutchison, M.D., (Esquire of the Order), London, England.

Howard G. Kelley, (Esquire of the Order), Montreal.

Col. D. T. Irwin, C.M.G., Ottawa.

S. W. Johns, (Honorary Associate), Saskatoon.

Surgeon-General G. Carleton Jones, C.M.G., M.D., (Knight of Grace), Ottawa.

J. A. Machado, Ottawa.

James Manuel, Ottawa.

Lt.-Col. Noel G. Marshall, (Knight of Grace), Toronto.

G. A. T. Mason, Calgary.

Major D. D. MacTaggart, M.D., Montreal.

A. D. MacTier, (Esquire of the Order), Montreal.

Hon. Senator John S. McLennan, Sydney, N.S.

Lt.-Col. F. C. McTavish, (Esquire of the Order), London, England.

Rev. E. G. Miller, Victoria, B.C.

F. Montizambert, C.M.G., I.S.O., M.D. (Ed.), (Knight of Grace, Ottawa.

Col. J. L. H. Neilson, M.D., (Honorary Associate), Quebec.

Wallace Nesbitt, K.C., Toronto.

J. F. Orde, K.C., Ottawa.

J. D. Page, M.D., Quebec.

H. L. Pavey, M.D., Montreal.

Lt.-Col. J. L. Potter, Ottawa.

D. Pottinger, I.S.O., (Esquire of the Order), Ottawa.

J. W. Robertson, LL.D., (Knight of Grace), Ottawa.

Surg. Gen. G. S. Ryerson, M.D., (Knight of Grace), Toronto.

The Rt. Hon. Lord Shaughnessy, (Knight of Grace), Montreal.

John Stanfield, M.P., Truro, N.S.

Lt. Col. Alfred Thompson, M.D., M.P., Ottawa.

William Trant, (Honorary Associate), Victoria.

Mark Workman, Montreal.

Major Ira J. Yeo, M.D., Charlottetown, P.E.I.

REPRESENTATIVES ON THE GENERAL COUNCIL.

(Elected by the Provincial Councils.)

ALBERTA.

Dr. H. M. Tory, M.A., D.Sc., LL.D., F.R.C.S.
A. E. Ottewell, B.A.

BRITISH COLUMBIA.

C. G. Pennock.
A. J. Dallain.

MANITOBA.

A. M. Nanton.
J. A. Machray.

NEW BRUNSWICK.

Col. Murray MacLaren, C.M.G., M.D.
W .E. Foster.

NOVA SCOTIA.

Hon. E. N. Rhodes, M.P.
Hon. W. B. Ross.

ONTARIO.

Hon. Sir Lyman Melvin-Jones.
W. K. George.

PRINCE EDWARD ISLAND.

Mr. Justice Haszard.
Major Ira J. Yeo, M.D.

QUEBEC.

W. F. Angus.
Major D. D. McTaggart, M.D.

SASKATCHEWAN.

W. D. Cowan, D.D.S.
A. E. Counsell.

REPRESENTATIVES OF RAILWAY CENTRES.

CANADIAN PACIFIC RAILWAY.

A. D. MacTier.
F. L. Wanklyn.

GRAND TRUNK RAILWAY.

Lt. Col. J. Alex. Hutchison, M.D.
H. B. Carmichael, M.D.

CAN. GOVT. RAILWAYS.

OFFICERS OF PROVINCIAL COUNCILS AND RAILWAY CENTRES.

ALBERTA.

PATRON—His Honour Lieutenant-Governor Brett.
PRESIDENT—H. M. Tory, M.A., D.Sc., LL.D., F.R.C.S.
VICE-PRESIDENTS—Edgar W. Allin, M.D., Edmonton, Mrs. H. C. Wilson, Edmonton, T. B. Kidner, Calgary, H. H. Gaetz, Red Deer, Wm. Hardy, Lethbridge B. F. Souch, Phm. B., Medicine Hat.
HON. SEC.-TREAS.—A. E. Ottewell, B.A., University of Alberta.

BRITISH COLUMBIA.

PATRON—His Honour Lieutenant-Governor Barnard.
PRESIDENT—W. D. Brydone-Jack, M.D.
VICE-PRESIDENT—Rev. E. G. Miller.
HON. SECRETARY—William Burns, 732 Granville St., Vancouver.
HON. TREASURER—C. G. Pennock.
HON. AUDITOR—George E. Winter.

MANITOBA.

PATRON—His Honour Lieutenant-Governor Sir Douglas Cameron.
PRESIDENT—E. E. Sharpe.
VICE PRESIDENT—M. Ellen Douglas, M.D.
HONORARY TREASURER—A. M. Nanton.
ASS'T HONORARY TREASURER—Geo. Luckhurst.
HONORARY SECRETARY—J. A. Machray, Box 1893, Winnipeg.

NEW BRUNSWICK.

PATRON—His Honour Lieutenant-Governor Wood.
PRESIDENT—Stewart S. Skinner, M.D.
VICE-PRESIDENT—Col. E. T. Sturdee.
VICE-PRESIDENT—Walter Foster.
HON. SECRETARY-TREASURER—Miss Lillian Hazen, 66 Hazen Street, St. John.

NOVA SCOTIA.

PATRON—His Honour Lieutenant-Governor McKeen.
PRESIDENT—Mr. Justice Chisholm.
VICE-PRESIDENTS—Mr. Justice Harris, S. M. Brookfield, Dr. W. H. Hattie.
HONORARY SECRETARY—W. H. Studd, Provincial Auditor's Office, Halifax.
HONORARY TREASURER—F. Hope.

ONTARIO.

PATRON—His Honour Lieutenant-Governor Sir John Hendrie, C.V.O.
PRESIDENT—Brig.-General The Hon. James Mason.
VICE-PRESIDENTS—Brig.-Gen'l Sir Henry M. Pellatt, C.V.O., W. K. George, Col. W. M. Gartshore.
HON. SECRETARY-TREASURER—C. J. Copp, M.D., C.M., 554½ Yonge St., Toronto.
CHAIRMAN EXECUTIVE COMMITTEE—Col. J. T. Fotheringham, C.M.G., B.A., M.D.
DEPUTY CHAIRMAN—W. K. George.

PRINCE EDWARD ISLAND.

PATRON—His Honour Lieutenant-Governor A. C. Macdonald.
PRESIDENT—Hon. Mr. Justice Haszard.
VICE-PRESIDENT—Lt.-Col. F. S. Moore.
HON. TREASURER—Lt.-Col. H. M. Davidson.
HON. SECRETARY—Major Ira J. Yeo, M.D.

QUEBEC.

PATRON—His Honour Lieutenant-Governor Sir P. L. D. E. LeBlanc, K.C.M.G.
PRESIDENT—W. F. Angus.
VICE-PRESIDENT—D. D. MacTaggart.
HON. SECRETARY-TREASURER—S. A. Gidlow, 1207 DesErables St., Montreal.

SASKATCHEWAN.

PATRON—His Honour Lieutenant-Governor R. S. Lake.
PRESIDENT—W. D. Cowan, D.D.S.
VICE-PRESIDENT—S. J. Johns, Saskatoon.
SECOND VICE-PRESIDENT—Mrs. A. E. Counsell, Regina.
HON. SECRETARY—A. E. Counsell, 609 McCallum-Hill Building, Regina.
HON. TREASURER—L. B. Ring, Regina.

CANADIAN PACIFIC RAILWAY CENTRE.

PATRONS—The Rt. Hon. Lord Shaughnessy, R. B. Angus.
PRESIDENT—George Bury.
GENERAL SECRETARY—S. A. Gidlow, Room 231, Windsor Station, Montreal.

GRAND TRUNK RAILWAY CENTRE.

PATRONS—E. J. Chamberlin and Lt.-Col. Molson Macpherson.
PRESIDENT—Howard G. Kelley.
VICE-PRESIDENT—Wm. D. Robb.
HON. TREASURER—Frank Scott.
HON. SECRETARY—F. A. Bourne, c.o. Canadian Express Building, Montreal.

HER EXCELLENCY THE DUCHESS OF DEVONSHIRE

PATRONESS OF THE ASSOCIATION

CANADIAN GOVERNMENT RAILWAYS CENTRE.

PATRONS—Hon. Frank Cochrane, Minister of Railways and Canals; A. W. Campbell, C.E., Deputy Minister of Railways and Canals, Ottawa.

PRESIDENT—F. P. Gutelius, General Manager, Canadian Govt. Railways, Moncton, N.B.

VICE-PRESIDENTS—C. A. Hayes, General Traffic Manager, F. P. Brady, General Superintendent, C. B. Brown, Chief Engineer, S. L. Shannon, Comptroller and Treasurer, H. F. Alward, General Solicitor and General Claims Agent.

SECRETARY—J. E. Long, Moncton, N.B.

Help Can Be Given

By medical men in giving gratuitous lectures. Those who have given four complete courses are entitled to be made Honorary Life Members of the Association, this special mark of distinction having been instituted by the Committee in recognition of the valuable services rendered by the Medical Profession. They are also eligible for other honours.

By all in organizing and attending classes, lending rooms for their use, and by pecuniary support.

ANNUAL REPORT

of the

CANADIAN BRANCH

of the

St. John Ambulance Association

MEETING OF COUNCIL, 1916.

Monday, February 19th, 1917.

Minutes of the meeting of Council of the Canadian Branch of the St. John Ambulance Association, held in the City Hall, Ottawa, on Monday, February 19th, at 3.45 p.m.

PRESENT:—J. M. Courtney, C.M.G., I.S.O., President, Geo. E. Drummond, J. W. Robertson, C. J. Copp, M.D., Hon. N. A. Belcourt, F. Montizambert, C.M.G., M.D., Sanford Evans, Sir James Grant, A. D. MacTier, Fred Cook, H. P. Hill, Gen'l G. S. Ryerson, Gen'l The Hon. James Mason, Hon. Sydney Fisher, W. K. George, D. Pottinger, I.S.O., Lt.-Col Potter and the General Secretary.

The Chairman of the Executive Committee presented the Annual Report for approval.

Moved by Geo. E. Drummond, seconded by Sir James Grant,

That the Report of the General Executive Committee, be adopted for transmission to the Annual Meeting.—Carried.

The Meeting then adjourned.

ANNUAL MEETING, 1917.

Monday, February 19th, 1917.

Minutes of the annual meeting of the Canadian Branch of the St. John Ambulance Association, held in the Council Chamber of the City Hall, Ottawa, on Monday, February 19th, 1917, at 4 o'clock in the afternoon.

The Chair was occupied by J. M. Courtney, C.M.G., I.S.O., President, and among the large and representative audience present were Their Excellencies The Duke and Duchess of Devonshire, Lady Dorothy Cavendish, Lady Violet Henderson, Capt. Kenyon Slaney, Capt. Bulkeley Johnson, and Capt. Ridley.

The President called the Meeting to order, on Their Excellencies taking their seats.

Letters and telegrams expressing regret at absence from the meeting were received from: Hon. Sir Lyman Melvin Jones, Sir H. M. Pellatt, C.V.O., C. G. Pennock, Hon. Senator Bostock, Mr. Justice Chisholm, W. H. Studd, The Lt.-Gov. of Manitoba, Col. Noel Marshall, Wallace Nesbitt, K.C., J. D. Pagé, and W. F. Angus.

The Secretary placed before the President a printed copy of the Minutes of the last Annual Meeting, additional copies of which had been distributed throughout the meeting.

Moved by W. K. George, seconded by Gen'l The Hon. James Mason.

That the Minutes of the last Annual Meeting as printed in the report, be taken as read and adopted.—Carried.

General G. Sterling Ryerson, on behalf of the Council and Members of the Association, proposed a resolution of welcome to Their Excellencies, for their presence at this meeting, and for the keen interest shown in the work of the Association. The motion was seconded by the Hon. N .A. Belcourt, and was carried by a standing vote.

His Excellency, in reply said:—

Mr. Courtney, Ladies and Gentlemen:—I hope you will accept my most sincere thanks for the extremely kind welcome that you have extended to the Duchess and myself, and for having asked us to take the position of patrons of this association. I am quite sure there is no work which we should be more willing or more anxious to be identified with, to help and co-operate in carrying out, than the great work carried out by the St. John Ambulance Association. I know that the task which devolves upon us in following in the footsteps of Their Royal Highnesses the Duke and Duchess of Connaught is by no manner of means an easy one. They have set an extremely high standard. They had great knowledge, great experience, and, what is possibly more than anything else, the greatest possible personal sympathy with this movement. However, I can assure you that both the Duchess and I are most anxious to do what we can to follow in their footsteps in the great work which they have done so very much to assist and promote. I may say I have always taken the greatest and most lively interest, in our own districts at home in England, in connection with this movement, and in many respects the work is not very new to us, and I only hope that we shall be able to have the privilege of co-operating with all of you in still further advancing the great work which is going on in Canada at this moment.

I believe we are met here to-day on the seventh anniversary of the Canadian Branch of the Association, and I think that, even in these eventful and critical days through which we are passing, we can with some confidence speak of the continued progress, life and vitality which this Association is showing.

His Royal Highness pointed out last year, on an occasion similar to this on which we are gathered together to-day, that whereas the Red Cross was essentially an organization which would operate in war, the St. John Ambulance Association is one which operates not only in war, but is intended to perform, and has already succeeded in carrying out, a very great work in peace time as well. I think we are justified in saying that it is not only to its war organization but it is to its peace organization as well that we must keep our thoughts directed, to secure that whenever the end of the war may come we shall, in the light of the knowledge and experience which we have gained, be able still further usefully to extend the sphere of operations.

The report is not yet in your hands, but after the proceedings of the day will be placed before you. I have had the privilege and the advantage of having had a preliminary look at the report, and therefore I hope I shall be able to direct your attention to some of the more important and salient parts which will come before you when you have it placed in your hands.

As might reasonably be expected, there is some slight falling off in the actual number of persons instructed and in the number of certificates that have been issued; but when we bear in mind all the circumstances and conditions of the year through which we have passed, I do not think there need be any cause for alarm or any cause for misapprehension on that point. It is quite obvious that a very large number of men have been taken for military purposes, who would otherwise, no doubt, have taken part and received instruction under our officers. We must also bear in mind that in consequence of the calls for military work and the almost unprecedented demand which is made by labour, the time and the opportunity to receive this instruction have not been as great as they would be in normal circumstances. I think it satisfactory to notice that, even in spite of these conditions which have prevailed, 10,024 men have received instruction and something like 8,160 certificates have been issued. I think when we consider the very peculiar circumstances of the year through which we have passed, those figures ought not to be considered otherwise than very satisfactory. It is also very satisfactory indeed to note that women throughout the length and breadth of Canada are availing themselves of the opportunity of this instruction and

have been adding another proof of the very great interest which they have taken, rising still higher and higher to those great responsibilities.

Perhaps one of the most important and at the same time most satisfactory features of the operation of the Association during the past year has been in connection with the assistance which has been given to troops going overseas, in the teaching of First Aid. It is an experiment which I believe His Royal Highness was very anxious to see carried into practical operation. I believe that there were some doubts as to whether or not it would be a success, but certainly the result of the experiment has abundantly justified the somewhat new departure which was taken. That work I hope, it will be found possible to continue. It has already been of marked service. I believe that from almost universal experience it has been found that the result has been eminently satisfactory and has already been productive of the greatest amount of good. The work has been carried out, I believe, in every military district throughout the Dominion, and I hope it will be possible during the forthcoming season to carry on the excellent work which has been so well inaugurated.

Mr. Wallace Nesbitt, to whom we already owe so great a debt of gratitude for his many acts of generosity and for the more than kindly interest which he has always taken in the welfare of this society, has added yet another to his many acts of help to this association. You will probably all be aware that through his kindness and generosity it has been found possible to present a badge to every soldier who returns from the struggle across the seas, a Union Jack with the words engraved on it, "For Service at the Front." I understand that owing to some legal difficulties it was not found possible to provide funds from either the Patriotic Fund or from this Association for that purpose, and Mr. Nesbitt has most kindly avoided the difficulty which has arisen by placing the sum, I think, of $100 a month, for an unstated period, in order to supply what I believe to be a universally felt want. (Applause.)

This question of the returned soldier is, I know, an anxious and difficult one, and I can only hope that the conference, consisting of members of both the Senate and the House of Commons, which is to meet during the course of the present week, will be able to deal in a broad, generous and comprehensive spirit with this rather difficult and critical question.

We have also, as on previous occasions, the pleasure and privilege of welcoming amongst us representatives of the police and, I believe, also of the railway men, and it is extremely satisfactory to note that our great municipalities and our great railway corpora-

tions are taking so lively and so active an interest in the work and the operations of our Association. I feel quite sure that the more we can extend this co-operation with great municipalities and similar institutions throughout the length and breadth of the country, the greater will be the benefit which will accrue to the community as a whole. In fact, the work which has already been going on amongst our railways, and not only amongst our railways, but also amongst the mining community, in our manufacturing and in our industrial areas, in our workshops and in our factories, has already proved what admirable work it is possible for this Association to do. The more benefits that can be seen from actual practice and actual results, the more confident I am that we shall continue to receive the support of those great corporations.

A most admirable pamphlet has been prepared, which I believe has been widely circulated and already been effectively used, entitled, "What to Do in Case of Accident." It is a most useful little book, and one which I hope will be extensively used.

Another extremely satisfactory feature of the year under review is the encouragement which has been received from the provinces throughout the Dominion, through the Ministers of Education. I understand there is a move going on for the purpose of training teachers in the rendering of First Aid, and of interesting them in this important subject, and I am quite sure that it is a move in the right direction. Our Association is doing everything it can to encourage and assist this movement, and I am quite sure that the more extensively this can be put into practice the better it will be for all concerned.

But perhaps the most striking feature of the year which has elapsed has been the work which has been done by the Voluntary Aid Detachments. (Applause.) Certainly I think we have every reason to be proud, and to be grateful, for the admirable work which these Detachments are carrying out. It is unselfish, it is noble, and at the same time it is practical and useful. There are already, I understand, five Detachments which are actually at work, and I understand that others are in the process of formation. As you will all be aware, in August, I think, of last year there was a call for members of the Voluntary Aid Detachments to proceed overseas, and in September of last year sixty members sailed to England, where they have done, as I have every reason to know, most admirable and most useful work. I am quite sure that if, and when, a further call is made upon members of this Association either to work at home here or to work overseas, the response will be equally as cordially and as generously given. There is nothing

which appeals more to our sympathy and to our admiration than the work which those Voluntary Aid Detachments have done, both at home and overseas, and I am quite sure that it will be one of the brightest pages in the history of this movement when the work of those Associations comes to be recorded. (Applause.)

If I may for one moment take a rather more extended look at the general outlook than that connected purely with the working of this Association, I would say how pleased I am to be identified with a body which is playing so splendid a part as the St. John Ambulance Association at this moment. We are, as we are only too painfully aware, in the midst of a tremendous struggle, and though we are confident that eventually the result will be favourable to us, we cannot hide from ourselves for one moment that before we succeed in obtaining a final victory we shall have to steel our hearts and to strengthen our nerves to bear sacrifices equally as great as any we have yet borne. This country—and the same applies to every other portion of the British Empire—has now taken this task seriously to heart. We are determined to carry it through, at whatever cost it may be, and I would make this appeal, as I have frequently done on other occasions, that until that result is finally obtained, there should be no relaxation or cessation from our work. When that end may be, it is of course impossible for me or for anybody else definitely to say. Somehow or other, we all feel that in the course of the next few months the climax may be brought about. But we must realize that we have an enemy full of resource, full of ingenuity, who would not hesitate at anything which he may think will assist him to gain his object. We believe that we shall in the long run prevail, but we certainly must also recognize that before we succeed in doing that, we have to face many difficulties and many troubles. We sometimes perhaps may be induced to think that the end is somewhat nearer than it really is. I am confident of the result, but I again make this appeal, an appeal which I know you will all most seriously take to heart, that there should be no relaxation of effort, however satisfactory the news may be from day to day. We must realize that until the enemy is defeated, we shall require every ounce of strength and everything which we can do, to obtain that ultimate victory.

When that result is obtained, as we are confident it will in due course be obtained, we shall have many difficulties and many problems to face in connection with the returned troops—questions of occupation, and so forth; but I hope that in the midst of all those rather complicated and difficult problems which we shall have to face, the work of the St. John Ambulance Association will be con-

tinued with fresh energy and fresh vigour. It has already proved effective in war; I am confident that it will prove equally effective in peace, and with your assistance, with your co-operation, with your keenness, there will be built up throughout the length and breadth of Canada an Association which will, I know, be able to do much not only to save life, but to relieve an immense amount of suffering and be able to bring good, and to bring happiness and joy to many places which would have been without them if it had not been for this Association. I therefore most earnestly hope that you will all continue with renewed energy and with renewed vigour the splendid work you have done in the past, and I look to the St. John Ambulance Association to add in the future fresh glory and fresh honour to its already distinguished history.

The splendid address was listened to with rapt attention, and at its conclusion the audience expressed approval in enthusiastic applause.

The Honorary Secretary, Mr. Hamnett P. Hill, presented the report of the Council.

Moved by the President, seconded by Lt.-Col. J. L. Potter, M.D., A.D.G.M.S.

That the report of Council, as presented, be received, adopted, and ordered printed for distribution.—Carried.

Successful candidates from the Grand Trunk Railway Centre, were present to receive awards won at the annual examination. His Excellency presented the certificates and vouchers, and Her Excellency the medallions.

Speeches were contributed by the Hon. Sir L. H. Davies, Geo. E. Drummond, J. W. Robertson, A. E. Counsell, Hon. E. N. Rhodes, W. K. George and the Bishop of Ottawa.

The President asked for nominations for officers for the ensuing year.

Moved by David Pottinger, I.S.O., seconded by C. J. Copp, M.D.

That the Officers of the Canadian Branch of the Association for the ensuing year be as follows (as printed in front pages of the report).—Carried.

The Meeting then adjourned.

First Aid and Rest Room, American Bank Note Co., Ottawa

MEETING OF COUNCIL, 1917.

Monday ,February 19th, 1917.

Minutes of meeting of Council of the Canadian Branch of the St. John Ambulance Association held in the Council Chamber of the City Hall, Ottawa, on Monday, February 19th, 1917, at 5.30 o'clock in the afternoon .

PRESENT :—J. M. Courtney, C.M.G., I.S.O., President, in the chair, David Pottinger, I.S.O., Hon. N. A. Belcourt, A. D. MacTier, Hon. E. N. Rhodes, Sanford Evans, C. J. Copp, M.D., Fred. Cook, Hon. Sir L. H. Davies, K.C.M.G., F. Montizambert, C.M.G., I.S.O., M.D., W. K. George, Geo. E. Drummond, J. W. Robertson, Gen'l G. S. Ryerson, Gen'l The Hon. James Mason, and the General Secretary.

Moved by Sir James Grant, seconded by A. D. MacTier.

That the following compose the Executive Committee of the General Council for the ensuing year:—

The President, the Vice-Presidents, Hon. Treasurer, Hon. Secretary, The Deputy Commissioner of Brigade Overseas in Canada, Hon. N. A. Belcourt, Fred. Cook, C. J. Copp, M.D., Hon. Sir Louis H. Davies, K.C.M.G., Sanford Evans, Lt.-Col. J. Alex. Hutchison, M.D., Colonel D. T. Irwin, C.M.G., Gen'l G. Carleton Jones, C.M.G., M.D., A. D. MacTier, James Manuel, F. Montizambert, C.M.G., I.S.O., M.D., J. F. Orde, K.C., Surg. Gen'l G. S. Ryerson, Lt.-Col. Alfred Thompson, M.P., M.D.—Carried.

Report of the General Executive

The General Executive Committee of the Canadian Branch of the St. John Ambulance Association presents herewith the annual report of the transactions for the year 1916.

At the outset, the Council desires to express the appreciation of all members of the Association in Canada, to the retiring Patron and Patroness, Their Royal Highnesses The Duke and Duchess of Connaught, for the gracious privilege of their patronage during their residence in Canada. His Royal Highness, who is the Sovereign Grand Prior of the Order of St. John, and president of the parent Association in England, at all times displayed the keenest interest in the progress of the First Aid movement in Canada. His desire to have all troops of the Canadian Expeditionary Force instructed in First Aid, was largely responsible for the submission to the Minister of Militia of the instructional scheme which has proven successful during the year. The interest of His Royal Highness in the V. A. D. movement, and other features of the Association endeavours, was an incentive to greater effort by every Officer of the Association in Canada.

Their Excellencies The Duke and Duchess of Devonshire, who have succeeded Their Royal Highnesses, have graciously consented to become Patron and Patroness of the Canadian Branch. Both are distinguished members of the Order of St. John, and have already shown a deep interest in the work of the Association.

INSTRUCTIONAL WORK

The work of spreading a knowledge of First Aid, Home Nursing, Hygiene and Sanitation, has been continued and unabated interest has been shown by the officials of all Provincial Councils and Railway Centres. The statistics for the year will indicate a falling off in the number of people instructed, and also in the number of certificates issued. This has not been due to lack of effort on the part of those in charge of the Association's endeavours throughout the Dominion, but rather to scarcity of men, and the utilization of women's energies in other spheres of patriotic work. The large number of men who have enlisted for overseas service, together with scarcity of labour to replace them, has made it most difficult to organize classes for men, and as a result the classes have been largely composed of the women of the country, who are realizing more than ever their responsibilities. Notwithstanding the decrease during the year, there were 10,024 persons instructed, and 8,160 certificates issued. During the past six years 49,840 persons were instructed in Canada, and 4,725 took a second or subsequent examination in one or other of the courses.

The following tabulated statements shows, by comparison withprevious years the progress made:—

COUNCIL	Number Instructed					Certificates				Re-Examinations			
	1911 1912 1913	1914	1915	1916	Total Instructed in 6 years	1911 1912 1913	1914	1915	1916	1911 1912 1913	1914	1915	1916
Alberta	366	360	707	492	1,925	137	154	417	347	22	29	129	53
B. C.	1,686	677	2,117	1,258	5,738	1,181	427	1,393	1,129	61	50	103	179
Manitoba	604	713	717	592	2,626	595	692	562	374	14	†	†	35
New Brunswick	135	30	140	240	545	127	5	75	159	15	0	48	0
Nova Scotia	154	194	469	600	1,417	72	150	303	459	10	0	9	6
Ontario	4,364	2,810	5,427	4,260	16,861	2,841	2,065	4,109	3,677	223	267	217	301
Quebec	784	550	1,196	654	3,184	513	261	982	505	134	13	†	55
Saskatchewan	97	497	896	982	2,472	79	287	616	916	8	10	50	34
Can. Pac. Ry.	5,282	3,238	2,546	744	11,810	2,727	1,209	1,261	518	732	636	650	131
G. T. Ry.	**	799	331	202	1,332	**	180	331	76	**	43	100	126
C. G. Ry.s	*1,134	600	196	0	1,930	*327	357	132	0	*76	92	64	0
Total	14,606	10,468	14,742	10,024	49,840	8,599	5,787	10,181	8,160	1,295	1,140	1,370	920

*1912 and 1913 only.

**Returns for 1911-12-13, included in Quebec Report.

†No statistics available.

The Provincial Councils making increases during the past twelve months were Saskatchewan, Nova Scotia and New Brunswick. The increases were not large, but sufficient to show what progress was being made in the face of the difficulties as mentioned previously.

ORGANIZATION

The Council of the Association has made efforts to assist the various Provincial Councils in organizing centres and classes, and for this purpose, in the early part of the year the General Secretary spent nine weeks visiting New Brunswick, Nova Scotia and Prince Edward Island, calling at all of the principal cities and towns in these provinces. The result from this visit has been most gratifying, as classes have been reported since from many localities where the Association had no previous connection. In the late Autumn the General Secretary visited British Columbia, Alberta, Saskatchewan and Manitoba, spending about ten weeks in the west, where about 40 cities and towns were visited. In British Columbia particular attention was paid to encouraging a study of First Aid by those engaged in mining operations. It is satisfactory to note that in British Columbia, and also in Alberta almost all the more important mining corporations have a large percentage of their employees qualified or qualifying in First Aid. The Department of Mines of British Columbia, through the Chief Inspector, has arranged for a First Aid competition in each of four mining districts, for which beautiful cups have been offered as prizes, and an additional cup is to be provided for competition among the winners of the district prizes. This interest on the part of the Provincial Government is reciprocated by the Mining Corporations who have, in several instances, arranged for company, or inter-company contests. The University of Alberta is providing for a two years course in First Aid for teachers, and the provinces of British Columbia, Alberta, and Saskatchewan, have made it compulsory for Normal School students to have a First Aid certificate before being granted a license to teach.

PUBLICATIONS

In order to keep the officers and members of the several provincial councils, and numerous centres of the Association, in touch with the progress of the movement, and to assist in creating a spirit of cooperation, a bulletin was prepared at headquarters and two issues made during the year. The publication was welcomed by those interested in the work, and has been the means of spreading important information respecting the regulations of the Association, as well as drawing attention to the more important changes in methods of procedure, which have been made from time to time.

A re-issue of Pamphlet No. 1. being the "Constitution and General Regulations" was made since the last annual meeting, superseding the issue of 1910. The 1916 pamphlet sets forth the regulations more clearly than the previous issue, with the result that the work of local and provincial officers has been simplified.

A popular publication issued during the past twelve months is the small booklet entitled "What to do in case of Accident." Copies have been distributed among the manufacturers in Canada. In many instances letters of appreciation have been received from the recipient, and in some cases requesting additional copies. The booklet gives First Aid instructions in brief form, for instantaneous reference, arranged in alphabetical order. It also contains directions as to the formation of classes of instruction.

INSTRUCTION TO THE C.E.F.

During the past year the instruction in First Aid to the troops of the Canadian Expeditionary force, which was commenced in November, 1915, was continued with much success. The following extract from the bulletin of the Association is reproduced, as explanatory of the progress made in this department:—

"The action of the Honourable the Minister of Militia and Defence, Lt.-Gen. Sir Sam Hughes, in instituting, at the request of the Executive Committee of the Canadian Branch of the St. John Ambulance Association, a course in First Aid instruction to the troops in training in the militia camps of Canada, preparatory to going overseas, has had remarkable results. The Head Office of the Association has received many congratulatory letters on the success of the work. All the Instructors were nominated by the Provincial Branches of the Association, and in every case these men have made good. As a compliment to the sister Association, one graduate of the St. Andrew's Ambulance Association was chosen. "First Aid" the organ of the parent Association in England, has noted the success of the Canadian experiment, and in the October issue of that publication has this commendatory sentence: "The Canadian troops are all instructed in the methods of rendering succour to their comrades in case of wound or accident, and we see no reason why this training should not be extended to the British soldier, as timely assistance when there is no doctor, stretcher bearer, or R.A.M.C. man about may be the means of saving life."

Through a misapprehension on the part of the District Officers commanding of Saskatchewan and British Columbia, First Aid Instruction was suspended for the winter, but as soon as the Minister of Militia heard of this action, he immediately telegraphed to these Officers, telling them to let the good work proceed.

One hundred and fifty thousand copies, in English and French, of an abridged edition of Cantile's First Aid was printed by the Department of Militia. This condensation was prepared by the Head Office of the Association in Ottawa.

In addition to the First Aid books supplied to troops embarking for overseas during 1915, and the many classes held among troops, in the regular manner, for which certificates were issued, over 130,000 members of the Canadian Expeditionary force, were taught the important principles of First Aid, and given a thorough grounding in the methods of arresting haemorrhage, care of fractures, artificial respiration and resuscitation, as well as the proper way to bandage and carry the wounded. The Canadian Expeditionary force is the first Army to adopt systematic training in matters of this nature, and the results have more than justified the efforts made. Reports from the training camp, and from the trenches give hundreds of instances where the First Aid instruction acquired in Canada has been the means of saving many lives and much suffering. An officer of the 46th Battery writing to a Kingston newspaper, has this to say in reference to men possessing first aid training:—

> "Men of this kind could save dozens of lives per day. Men who are wounded and can walk go straggling back to the dressing station. Sometimes they have some one to accompany them and sometimes not. In any case they often get lost when it is dark, and that is the last of them. I took probably a dozen of such men into my dug-out and tied up their wounds; then sent them to the dressing station. This was in our last position on the Somme, where we were about 2,500 yards from the front line."

BUTTONS FOR RETURNED SOLDIERS

So far, no mark, badge or button has been issued to returned soldiers by the Government, or the National Service Board. A few months ago an American lady generously handed to the Canadian Patriotic Fund a sum of money to enable that organization to present to each man returning from overseas a small

badge bearing the words "For Service at the Front," with the Union Jack enamelled thereon. This little souvenir has been greatly appreciated by the returned men, some six thousand of these badges being now scattered over the Dominion. It is, as stated, the only recognition, and the only mark by which men who have actually seen service abroad, may be known.

The sum originally subscribed to pay for these buttons is now exhausted, and, as the Patriotic Fund cannot legally pay for these souvenirs from its collections, application was made to your Association for a grant. While your Executive would have liked to assist in this laudable object, yet the St. John Ambulance Association, like the Patriotic Fund, is debarred by its constitution from granting money for such a purpose. The legal obstacle has been overcome, however, by the generous offer of the Honorary President of the Canadian Branch of the St. John Ambulance Association, Mr. Wallace Nesbitt, K.C., to donate, through us, to the Canadian Patriotic Fund, $100 a month for an unstated period, in order to supply returned soldiers with these badges. This is another evidence of Mr. Nesbitt's kindly nature. For three years, as is well known, he has been the main-stay of the "First Aid" competitions among the cadets of the Dominion. Now, seeing that these competitions are for the nonce suspended, Mr. Nesbitt is showing his practical interest in the work of the Association in another direction. Every soldier returning to Canada will, through Mr. Nesbitt's generosity, learn of the objects of the St. John Ambulance Association, if he does not know of them already, it being the intention to present with each badge a small card explanatory of our work.

HONORED BY HIS MAJESTY

Your Council is pleased to note the gracious action of His Majesty the King, in elevating to the distinguished grade of Lady of Justice of the Order of St. John, Lady Drummond of Montreal. The keen interest shown at all times by Lady Drummond, in all branches of humanitarian endeavour in the Dominion, and her splendid work with the Canadian Red Cross Forces, has attracted widespread attention, and has won for her the unstinted praise of thousands of Canadians. Promotion to the grade of Lady of Justice of the Order is an unique distinction inasmuch as Lady Drummond is the first Canadian to be so honored.

COMPETITIONS CANCELLED

Owing to the enlistment of a large percentage of the employees of Canadian Railways, and other industrial corporations, particularly men who had taken an active interest in the First Aid movement, it was found undesirable to carry on the Association's competitions during the year. The Cadet Competition held in 1915, showed a much reduced entry, due to the absence of instructors, and it was felt that it would be better to cancel this event also. Since the inauguration of the competitions interest in each has grown to a considerable extent, indicating that the objects of the Association in offering these splendid trophies--the stimulation of a combined study of First Aid—was having its effect.

INSTRUCTION AND APPLIANCES

The Association has made splendid progress since its birth in 1910, in encouraging and fostering the study of what to do in case of accident or sudden illness among employees of factories, mines, railway and steamship lines, and in every branch of trade and commerce. While it is of the utmost importance to train all classes of the community in this important work, it is also essential that proper material should be placed at the disposal of those qualified for use in case of emergency. The Association, has therefore provided first aid boxes of various patterns, equipped with suitable material, which it is hoped to have introduced into manufacturing establishments.

VOLUNTARY AID DETACHMENTS

The Voluntary Aid Detachments organized by the Association, for duty in Convalescent Homes, and for work generally, in accordance with the scheme of Voluntary Medical Aid in Canada, have been winning golden opinions, and have convinced, even the most skeptical, as to their value. Through the good offices of His Royal Highness The Duke of Connaught, the Detachments were officially recognized by the Department of Militia and Defence, and registered in accordance with the regulations. The detachments already formed are as follows:—

No. 1. Ottawa. Commandant, Miss Hazel Todd.
No. 2. Montreal. Commandant, Mrs. Henderson.
No. 3 Quebec. Commandant, Miss F. J. Burstall.
No. 4 Victoria. Commandant, Mrs. C. E. Wilson.
No. 5. St. John. Commandant, Mrs. Kuhring.

CANADIAN VICKERS LTD., MONTREAL, FIRST AID DEPARTMENT

Several other Detachments are in course of formation but up to the present, have not received their registration number.

The work of the V. A. D.'s is steadily increasing. The sphere of their labours is not confined to the work of probationers in the various Military Hospitals and Convalescent Homes throughout the country. They have assisted in furnishing many of these and in providing comforts and luxuries for soldiers in them. They supply refreshments to troops passing through or stationed in the locality. They have frequently provided motor cars to meet returned men, and in many places they make Red Cross supplies.

In August last a call came from England through the St. John Ambulance Brigade for members of V.A.D.'s to proceed overseas to act as probationers in Military Hospitals in England and Commandants of Detachments were asked for volunteers. In spite of the fact that the volunteers expected to pay all their expenses the response was greater than the demand, and 60 members from all over Canada, sailed in September, the Red Cross Society paying all the expenses. All of these members have proved entirely satisfactory to the authorities. Many of them have had rough work and long hours, but their principal duties have been to assist the nurses with dressings, taking temperatures, etc. Should another call come a large list of names is already on the waiting list.

The spirit of V. A. D.'s is the same the world over. The one desire is to be of service. It matters not how great or small or unpleasant the task, how great the hardship or even the sacrifice, all duty is done with alacrity and with joy in the knowledge that they are in some humble way serving their King and Country.

THE OFFICIAL TEXTBOOKS

The official textbooks of the Association are now known throughout Canada from coast to coast, and are recognized as authorities on the subjects of First Aid to the Injured, Home Nursing, Home Hygiene and Sanitation. During the past twelve months over 12,000 copies of Cantlie's First Aid were distributed in Canada, as well as 3,000 Gosgroves Home Nursing and 5,000 illustrated bandages. At the present time the textbooks are under revision at St. John's Gate.

"OUR DAY" COLLECTION

As during the past two years, the Association again took a prominent part in the collection made on "Our Day," by the joint Committee of the Order of St. John and the British Red

Cross Society, for the benefit of the soldiers and sailors of the Empire. The work has been accomplished principally by co-operating with the municipality or with the local branches of the Canadian Red Cross Society, but in many places, particularly in the west, collections have been made by the local Centre of the Association and turned over to the Lieutenant-Governor of the Province.

NEW LIFE MEMBERSHIP CERTIFICATES

Through the kindness of the American Bank Note Company of Ottawa, a new life membership certificate has been issued, and distributed to those who have been good enough to assist the Association in this way. The issue has been made free of cost, and the Council appreciates the kindly generosity of Mr. Machado, Vice-President, and the American Bank Note Company.

OBITUARY

The Association has suffered a great loss during the year in the passing away of Surgeon General Sir Frederick W. Borden, K.C.M.G., M.D., a member of the Council since the organization of the Canadian Branch. The late Sir Frederick Borden was an enthusiastic believer in the aims and objects of the Association, and never lost an opportunity of assisting in the development of the work. One of his last public actions was to deliver a series of lectures on First Aid to a class of thirty candidates, at his home town, Canning, Nova Scotia. This class was examined on August 30th. The late Sir Frederick Borden was one of the first Canadian members of the Order of St. John, having been created a Knight of Grace in 1902.

FINANCES

The financial statement for the past year, duly audited, is submitted here. At the commencement of the year the Auditor, Mr. J. B. Watson, opened a new set of books, and at the end of each month personally supervised the various accounts, and conducted an audit. The report is as follows:—

I beg to report that I have examined the books and accounts of your Association for the past year, and the accompanying statements show correctly the earnings and financial position as on Dec. 31st, 1916.

Gross Sales, which include membership and class fees, during the year were $7,809.83, on which there was a profit of $2,468.27. Interest collected during the year was $157.59.
Feb. 6th, 1917.

ST. JOHN AMBULANCE ASSOCIATION

STATEMENT PROFIT AND LOSS ACCOUNT YEAR ENDING DECEMBER 31st, 1916.

By Supplies Account:—			
Sales during the year		$ 7,809.83	
	Dr.		
On hand Dec. 31, 1915	$ 2,000.00		
Purchased during year	7,261.56		
	$ 9,261.56		
Less on hand Dec. 31, 1916	3,920.00		
		$ 5,341.56	
Profit on sales			$ 2,468.27
By Government Grant			5,000.00
By Interest			157.59
Gross profit for year			$ 7,625.86
Less			
Office expense:			
Salaries	$ 2,992.50		
Rent	225.00		
Telegrams and Telephone	105.37		
Sundry Postage, etc.	364.23		
	$ 3,687.10		
Organization and Travelling expense	705.40		
Printing and Stationery	670.42		
			5,062.92
Net Profit			2,562.94
Add			
Balance at Credit Dec. 31, 1915			7,781.34
Balance at Credit Dec. 31, 1916			$10,344.28

STATEMENT ASSETS AND LIABILITIES AS ON DECEMBER 31st, 1916.

ASSETS.

London Office	$ 634.50
Accounts receivable as per list	1,012.88
Supplies on hand as per Inventory	3,920.00
Petty Cash on hand	20.00
Bank of Ottawa on hand	4,756.90
	$10,344.28

LIABILITIES.

Profit and Loss as per statement	$10,344.28

(Sgd.) J. B. WATSON, Auditor.

GEO. BURN, Hon. Treas. J. M. COURTNEY, President.

EVERY ESTABLISHMENT

Should have a supply of First Aid material for use in emergency.

FIRST AID ROOM, MASSEY HARRIS CO., TORONTO

ALBERTA COUNCIL

We have the honor to submit herewith the 4th annual report of the Alberta Council of the St. John Ambulance Association. A large number of classes in First Aid and Home Nursing have been organized during the past year—details for a number of these are not available for this report because of the fact that they were organized in the Military Camps and reports have not as yet been made to us.

Of the various centres, Edmonton leads with a total enrolment of 261, 17 of whom have won medallions. Calgary comes next with an enrolment of 72. Work has been carried on in 10 centres in all. A particularly gratifying feature of the work was the organization of classes among the school teachers who were in attendance at the summer session of the University of Alberta. At Lethbridge, as in previous years, the work has been carried on with the cordial co-operation of Chief Hardy of the Fire Department. In the mining centres of the province classes have also been conducted during the past year, such points as Coleman, Canmore, Bellevue, Nordegg and Taber having secured certificates.

The following statement gives the complete records of all classes which have been organized in the Province during the past year.

Report of Classes in Alberta for the Year ending October 31st, 1916.

Name of Centre	Class in No.	C.	V.	M.	L.
Bellevue	16	11	5	------	------
Calgary	72	39	3	1	4
Canmore	8	2	1	1	------
Coleman	25	13	9	1	2
Edmonton	261	200	4	11	------
Lethbridge	40	23	8	------	------
Medicine Hat	46	39	------	------	------
Nordegg	10	7	3	------	------
Wetaskiwin	14	13	------	------	------
Totals	492	347	33	14	6

Classes have also been held at Sarcee Camp, and at Calgary, for which returns have not been received.

The arrangement for the co-operation of the Red Cross Society and the Alberta Council which was entered into at the beginning of the war has been continued. The report from the Convenor of the Working Committee will indicate what has been done along the line of war work.

The Association wishes to express its thanks to the many medical men who have given assistance, and to the various institutions, the free use of whose rooms have made classes possible.

All of which is respectfully submitted.

A. E. OTTEWELL, Secretary.

H. M. TORY, President.

ALBERTA WORKING COMMITTEE.

The Working Committee of the Alberta Council of the St. John Ambulance Association have continued during the past year the work of supplying field comforts to Alberta soldiers at the front; in particular, such units as the 49th Battalion, 31st Battalion, 26th Battery, 3rd C.M.R., 19th Alberta Dragoons and the 4th University of Alberta Company of the P.P.C.L.I. have been remembered. During the year 2,536 pairs of socks, as well as scarves, wristlets, shirts and handkerchiefs have been forwarded. Owing to the slowness of delivery when these supplies were shipped in the regulation boxes, a new departure has been made during the year in the method of forwarding goods; instead of the shipments in boxes, parcels of 7 lbs. weight have been made up and forwarded by mail with instructions to the party receiving to distribute the contents among the men in his company, particularly those who might not be getting such comforts from friends at home. In addition to the work of furnishing socks and similar comforts, the working committee has contributed considerable amounts of money for the purchase of tobacco, pipes, cigarettes, etc. and $145.00 towards the Christmas present fund for Canadian soldiers at the front. Also 4 boxes of hospital supplies have been shipped to Granville Special Canadian Hospital at Ramsgate, where a member of the Alberta Working Committee is on the nursing staff. In the service of the same hospital is the motor ambulance presented to the St. John Ambulance Association of England by Mrs. J. A. MacDougall, also a member of the Committee.

Another much appreciated line of work carried on during the year by the Committee was that of forwarding "news from home

budgets" to the hospitals and trenches. These were made up of newspaper clippings from local papers, gathered by the grade pupils of the public schools.

The Committee also took steps to encourage the public school pupils to learn knitting, and through the co-operation of Mr. Carpenter, Superintendent of the Edmonton schools, classes were held and competitions arranged. Prizes were also given for knitting at the Edmonton Exhibition.

The Committee wishes to acknowledge the splendid work done by the affiliated branches at Bremner, Ardrossan, East Clover Bar, Lacombe, Ponoka, St. Albert, Jasper Place and Westgrove. These have assisted both with cash contributions and also by the willing work on the part of many women who have knitted socks and provided other supplies.

Owing to the numerous calls now made upon the public there are not so many voluntary contributions of money being received; the Committee has to depend now very largely upon special efforts of one kind or another for funds. A number of such efforts have been made during the past year and have netted considerable sums of money.

In entering upon another winter's campaign the Working Committee feels confident that the sympathetic and loyal co-operation of the public, which has characterized the work for the past two years, will continue and that it will be possible to provide for the boys in the trenches the comforts which they so much need.

Received from all sources during the year	$2,647.60	
Expended in purchase of supplies, etc.	2,036.58	
Balance on hand		$611.02

EMILY C. WILSON,
Convenor.

BRITISH COLUMBIA COUNCIL

During the year we have endeavoured to continue classes in First Aid and Home Nursing wherever they could be organized to advantage. A comparison of the work of this year with that of the preceding year shows that fewer classes have been held but that more students in proportion have received Certificates, Vouchers and Medallions although fewer have taken Labels. This would show that a greater interest has been taken by those who have actually commenced the course and a greater desire to perfect themselves in the various branches. The diminution in the number of classes is probably due to a difficulty in obtaining medical instruction in many places.

	Certificates	Vouchers	Medallions	Labels
Males	329	66	18	9
Females	800	24	32	—
	1129	120	50	9

Males receiving instruction	403
Females receiving instruction	856
Making a tital of	1259

During the early part of the year the Canadian Branch called upon us to select three instructors in First Aid to be stationed at the chief Camps in the Province. Accordingly Mr. H. S. Schofield of Vancouver, Mr. Peter Brogan, of Esquimalt, and Mr. A. F. Duncan of New Westminster were appointed to instruct the soldiers in this work.

It has been thought unwise to hold any Provincial competition during this year and local competitions have been suggested by Council. The only one reported to us has been held at Nanaimo at which the Coulson (Miners) Cup was competed for by eight teams. A full report given by the Hon. Secretary of the Centre is annexed..

The undermentioned have been added to the Association as Honorary Life Members: Dr. Charles Denton Holmes, Dr. Lewis J. O'Brien, Dr. Arthur B. Hudson, Dr. Richard C. Weldon, Dr. G. H. Manchester, and as a Life Member, Hon. F. S. Barnard.

I beg to annex hereto the reports received from the Local Centres of this Province—it is still evident that some of the Secretaries omit this part of their duty, but now that the Dominion

GRAND TRUNK RAILWAY, AMBULANCE ROOM, MONTREAL

Council has issued a printed form to be filled in by the Secretaries of the various Centres and detached classes we hope to have a more complete report in future.

As in previous years the ladies of the Association have aided in Red Cross work by making different articles requisite for Hospitals and also by Christmas gifts. Whenever any aid in money has been asked for these Associations have responded willingly to the request for their aid in procuring such assistance.

The Voluntary Aid Detachment has been ably conducted by Dr. W. D. Brydone-Jack.

The annexed report of Cash Receipts and Disbursements as made by our Hon. Treasurer C. G. Pennock, Esq., is in itself a sufficient evidence of the work voluntarily accomplished by him on behalf of the St. John Ambulance Association. It is due, however, to Mr. Pennock, to state that this is one of the smaller portions of his contributions of work at this time of stress. Mr. Pennock is also Hon. Treasurer of the Patriotic Fund and in this position has to devote many hours to the consideration of the various cases brought to his knowledge and by the signing of necessary cheques and the checking of all accounts. It is due to his untiring energy that the amounts given to this fund are so well and so carefully administered and this without cost either to the contributors or to the recipients.

Mr. Pennock further materially helped in the part the St. John Ambulance Association took in obtaining contributions for "Our Day"—as at several places this Association took up collections where there was no Red Cross Committee established and thereby a material addition was made to this Red Cross Collection.

(Sgd.) WILLIAM BURNS,
Hon. Sec. B.C. Council.

NANAIMO COMPETITION FOR COULSON (MINERS) CUP

In accordance with arrangements made at the last meeting of the Executive Committee we beg to report competition for the above Trophy held at a field meet of the Vancouver Island Mine Safety Association at Nanaimo, September 4th, 1916.

Eight teams were entered in this competition representing the following Centres:—Ladysmith, 3 teams, South Wellington, 1 team, Nanaimo, 2 teams, East Wellington, 1 team, Cumberland (Bevan), 1 team.

One of the Ladysmith teams was declared winner of the trophy. The names of members of this team were:—James Delaney, Captain, James Ferguson, Robert Houston, Alex, Brown, Andrew Campbell. The judges of the competition were Dr. Luton, Extension, and Dr. Wilkes, Nanaimo.

Conditions of the competition were as laid down by this Committee and outlined in our letter to the V.M.S.A., copy of which your secretary has on file. The class of first aid work submitted by the various competitors was extremely good and if any criticisms were to be offered it would be on the score of time absorbed, partly in the work of the teams but more particularly the time taken by the Judges to give decisions. In the evening following the competition there was a banquet given by the Vancouver Island Mine Safety Assn., at which the Coulson Trophy and another competed for at the same meet were presented.

In presenting the Coulson Cup to the winners Mr. Fulton outlined the conditions attached to winning and holding the trophy, viz. that the cup was for annual competition under the St. John Ambulance Assn. (B. C. Council); that if won three years consecutively it became the property of the Centre so winning it; that in default of a competition the Cup could not be considered won by default although allowed to be held till another year and another competition. The St. John A. A. buttons were also handed to the winning team.

Respectfully submitted,

(Sgd.) ROBERT B. FULTON.
THOMAS GRAHAM.

NEW WESTMINSTER

Hon. Chairman, Capt. Manchester, C.A.M.C., Chairman; J. W. Creighton, Esq., Hon. Sec., Mrs. Katherine N. Peele.

Committee:—Dr. George Wilson, Mrs. Louise Clute, R. A. Little, Esq., Mrs. Jessie Godson.

Lecturers and Examiners:—Dr. Manchester, Dr. Walker, Dr. Wilson, Dr. McQuarrie.

During the year just passed our ranks have been sadly yet gloriously depleted, three of our most valuable officers having answered the call of King and Country. Our Chairman Dr. Manchester, Treasurer Capt. Richardson and the Rev. Canon D'Easum are now on active service with the 131st Battalion. Sergeant Duncan one of our medallion holders was appointed by the Prov. Council to give practical instruction in first aid to the troops

stationed here. The Voluntary Aid with a membership of 300 women continues to do a noble work for the Red Cross. During the year just passed 46,378 articles were sent to Canadian Red Cross headquarters.

"Our Day" the Empire appeal of the Red Cross was held last week, when we collected over $1,200.

One Female First Aid class with a membership of 35—of whom 24 presented themselves for examination, all passing successfully. By this 10 ladies are now eligible for Medallions.

Two Male First Aid classes were organized by Sergeants in the two battalions quartered at Queen's Park with a total membership of 56 men. Owing to the departure of troops for summer camp, none presented themselves for examination.

(Sgd.) MRS. KATHERINE N. PEELE,
Hon. Sec'y Treasurer.

VANCOUVER.

President, Dr. Stanley Paulin; Vice-President, Dr. W. D. Keith; Hon. Secretary, J. K. Macrae; Hon. Treasurer, H. D. Christie; Hon. Storekeeper, A. F. Amor.

The above officers together with Dr. W. D. Brydone-Jack, Mr. Wm. Burns and Mr. C. G. Pennock were elected a committee for the ensuing year.

At a meeting of the executive held on the 31st of May, 1916, the President, Dr. Paulin tendered his resignation owing to the fact that he was leaving Vancouver on active service and the executive tendered him a hearty vote of thanks for his past services. Dr. W. D. Keith was appointed as acting President for the balance of the year.

During the year a total of 702 persons received instruction in First Aid and Home Nursing and 508 of these received certificates as follows:—

Home Nursing Certificates (Female)	87
First Aid Certificates (Female)	365
First Aid Certificates (Male)	56
Vouchers (Female)	7
Medallions (Female)	5

(Sgd.) J. K. MACRAE,
Hon. Secretary.

VICTORIA.

Chairman, A. J. Dallain; Vice-Chairman, Rev. E. G. Miller; Hon. Secretary, James H. Hill; Assistant Secretary, W. J. King.

Committee:—Dr. A. B. Hudson, Thos. Graham, Dr. W. J. C. Tomalin, Dr. E. J. King, Dr. R. Ford Verrinder, Dr. Thos. Palmer.

Instructional Work:—First Aid Classes, 7 womens, 3 mens. Home Nursing, 3 womens.

	Total Inst'd	Total Passed	For Certif.	For Voucher	For Med.	For Label
Women's Classes						
First Aid ------	205	159	133	3	22	1
Home Nursing --	107	82	82	—	—	—
Total Women-	312	241	215	3	22	1
Men's Classes						
First Aid ------	119	76	70	3	2	1
	431	317	285	6	24	2

(Sgd.) J. H. HILL,
Hon. Secretary.

FERNIE.

President, Mr. C. McNay; Vice-President, J. Strachan; Sec.-Treasurer, William Whalley.

Committee:—R. Calguire, A. Woodhouse, Angus Soloske, A. Aiken.

TRAIL.

President, B. A. Stimmel; Secretary, J. H. Rose.
Lecturers:—Dr. J. B. Thom, Dr. W. A. Coghlin.

Lectures were given to four classes with an attendance of two hundred. Of this number 99 took the examination, 38 being successful.

CRANBROOK.

Hon. President, Mrs. J. H. King; President, Miss M. A. Green; Vice-President, Miss J. Dewer; Secretary-Treasurer, Miss H. Harrison.

Committee:—Misses D. Drummond and A. McLennan.

During the past year a course of lectures on "First Aid" was given by Dr. J. H. King and three presented themselves for examination in July and were successful in passing, Dr. G. E. E. McKinnon acting as Examiner.

The sum of $783.81 has been deposited to the credit of the Association this year all of which, with the exception of $100.00 which was forwarded to the B.C. Council to be donated to the St. John Ambulance Brigade Hospital at Etaples, France, has been devoted to buying material for Red Cross supplies. Boxes containing 3634 articles have been forwarded to the Canadian Red Cross Society at Toronto. On October the 21st, 1915, the sum of $160.00 was collected in response fo the appeal of the British Red Cross Society.

HELEN HARRISON,
Secretary-Treasurer.

PRINCE RUPERT.

President, David H. Hays; Vice-President, Mrs. T. C. Duncan; Hon. Secretary, C. R. Murray; Treasurer, E. H. Mortimer.

Executive:—Mrs. G. A. Woodland, Mrs. A. J. Galland, Rev. W. S. A. Carter, Mr. A. W. Edge.

Lecturers:—Dr. J. P. Cade, Dr. Neill McNeill. Examiners: Dr. C. W. Kergin, Dr. H. E. Lemayne, Dr. C. A. Eggert.

	Instructed	Certificates	Medallions
Female First Aid	22	7	5
Male First Aid	11	2	
Total	33	9	

Three of the class are now on active service, as are also Drs. McNeil, Kergin and Tremayne. The absence of the latter has thrown an extra load on the shoulders of the doctors who are left, it is hardly possible that as much can be accomplished this year as has been in the previous years.

(Sgd.) C. R. MURRAY.

SOUTH WELLINGTON.

Chairman, Joseph Taylor; Vice-Chairman, John Harrison; Hon. Secretary-Treasurer, Nicholas Wright.

Committee:—George Richardson, William McDonald, William Sheppard, James Parrott, William Craig, John McKellor, Thomas Westwell.

Thirteen received instruction, 7 obtained Certificates, 1 obtained Voucher, 1 obtained Medallion, 3 obtained Labels.

(Sgd.) NICHOLAS WRIGHT,
Hon. Secretary.

MERRITT.

President, William Welfare; Vice-President, Matthew McKibben; Secretary-Treasurer, George Maxwell.

Committee:—James McGrath, William Kemp, William C. Stone.

The Merritt Centre during the year 1915-1916 held two classes with a total attendance of 46 members. Of this number 14 took the examination, 8 taking Certificates, 3 Vouchers, and 3 Medallions. A great many of our members have enlisted for overseas service among them being our former secretary, M. Willis. We are greatly indebted to Dr. Tuthill and Dr. Gillis for lecturing to and examining the classes and also to the City Council for allowing us the use of the Council Chamber.

(Sgd.) GEORGE MAXWELL,
Hon. Secretary.

POWELL RIVER.

President, R. H. Scanlon; Sec.-Treasurer, Harry Mander; Lecturer, Dr. Henderson; Instructor, A. W. Clapp; Examiner, Dr. Marlatt.

I present my report with some feeling of satisfaction and review with some encouragement the work accomplished during the past year for which thanks are due to Dr. Henderson and Mr. Clapp who rendered us such valuable service. A number of our male members joined His Majesty's forces leaving 14 to present themselves for examination all of which were successful as follows: one Label, two Medallions, five Vouchers and six for Certificates. In the Ladies' class six presented themselves for the examination all passing successfully for their Certificates. This being the first ladies' class held in Powell River we record the result as encouraging and look forward to the coming year with hopes of greater success, as we are expecting a greater number of members by the kindly offer of the Powell River Co. Ltd. to assist us financially.

(Sgd.) HARRY MANDER,
Hon. Secretary-Treasurer.

LADYSMITH.

Chairman, Sam. Laaderbach; Vice-Chairman, Andrew Campbell; Sec.-Treas., J. Michek.

Committee:—Thos. Strang, H. Davidson, William Wilson, James Strang, Wm. James, J. H. Cunningham.

Lecturer, Dr. P. J. Emerson. Examiner, Dr. W. F. Luton.

Two adult and one juvenile class received instruction there being a total attendance of 117.

	Certificates	Vouchers	Medallions	Labels
Male ------	14	13	2	1
Juvenile ---	24			
Male ------	7	6	1	
Total ----	45	19	3	1

During the year we have had three local competitions in first aid field work. Two for the Frost-Cunningham Cup was competed for by the Miners of the four local mines and from Nanaimo and the other for the Dr. P. J. Emerson Cup was competed for by the juveniles of this Centre and extension. A girl's team from Extension winning the cup. Three of our teams entered for the Coulson Cup Competition held at Nanaimo on Labour Day. One team being successful in winning the Cup.

(Sgd.) JOHN MICHEK.

FIRST AID BOXES

Can be obtained on application to the Head Office, Castle Building, Ottawa.

MANITOBA COUNCIL

At the Annual Meeting of the Manitoba Council of the St. John Ambulance Association, the following reports were presented:—

INSTRUCTIONAL.

Dr. M. Ellen Douglas presented the report from the First Aid and Nursing Departments, a summary of which is as follows:

Students enrolled 592, 152 male first aid, and 324 female first aid, and 113 home nursing; of this number 467 completed the course and obtained certificates.

The following table sets out the classes held during the year, the dates they began and the number of students, who enrolled and passed their examinations:

Name of Class	Sex	Date	Class in No.	Course pleted Com-	C.	V.	M.	L.
First Aid	Female	Oct. 28	47	47	30		1	
First Aid	Male	Nov. 15	41	30	19			
First Aid	Male	Sept. 23	37	37	17	18		
First Aid	Male	April	14	14	14			
First Aid	Male	May 7	20	20	20			
First Aid	Female	May 15	19	19	19			
First Aid	Female	Nov. 18	32	29	21		2	
Home Nursing	Female	Jan. 19	58	30	20			
First Aid	Female	Jan. 21	16	10	4		6	
First Aid	Female	Nov. 30	22	22	16			
First Aid	Female	Feb. 9	66	37	37			
First Aid	Female	Mch. 29	27	18	17			
First Aid	Female	Feb. 19	11	10	10			
First Aid	Male	Oct. 8	11	11	5	4	1	1
First Aid	Male	Feb. 8	10	10	10			
First Aid	Female	Apl. 6	24	12	12			
Home Nursing	Female	Mch. 21	14	11	11			
Home Nursing	Female	May 25	17	8	8			
First Aid	Female	Apl. 1	17	17	17			
Home Nursing	Female	Apl. 15	12	12	12			
First Aid	Male	May 12	20	9	8		1	
First Aid	Female		14	14	14			
Home Nursing	Female	June 13	14	12	12			
First Aid	Female	May 4	5	5	5			
First Aid	Female	Sept. 6	11	10	4			
First Aid	Female	June	13	13	12		1	
			592	467	374	22	12	1

MONTREAL LOCOMOTIVE WORKS EMERGENCY HOSPITAL

CONTAINS COMPLETE DEPARTMENTS FOR FIRST AID TREATMENT

The report also made extended reference to the work of the Brigade, including the Nursing Divisions.

Appreciation was expressed of the report of Dr. Douglas and it was unanimously passed, that the Association be requested to make Dr. Douglas an honorary life member, in view of the valuable and faithful service she has given for more than four years to the work of the Association.

AID DEPARTMENT.

Mrs. McMeans presented the following report:

Another year has passed with little or no change in the trying situation. Our men still respond nobly and the women do their best to supply the necessary comforts. While it is to be regretted that some workers have wearied, many new ones have taken their places, and we find ourselves able to meet the ever-increasing demand as "men, more men," hurry on to duty.

In April last our Secretary, Mrs. Harris, resigned, and on May 15, Miss Warnock took on her duties, and added two additional departments, the "Prisoners' War Parcels and Bread Fund" and "Outing in the Country for Returned Soldiers Free of Cost." This we have been able to accomplish through the kindness of some of our contributors in the farming districts, who very generously offered to do all in their power to rebuild our heroes. This has had a two fold effect, helping the men and advertising the cause. Already it has borne fruit, many new workers taking a keen interest . The Medical Board has highly approved of the move. The men have greatly benefited and two bad nerve cases are now awaiting their turn to be sent out shortly.

We have to thank the Toronto Fur Company for donating a very handsome set of furs, which through the energies of Mrs. Arthur Rogers netted this Association $428.00.

The public have again taken advantage of our facilities for shipping free and have sent thousands of Christmas gifts to be forwarded to the men in the trenches, in fact, tons of gifts have already gone forward. More come in daily and in their turn go out as quickly as willing hands can prepare them for shipment.

A short time ago we were requested by the Transport Officer at the port of sailing to furnish him with a valuation of each shipment dating back to April 27 last. It may be interesting to note that from then to Nov. 6, 1916, it has totalled, at a very low valuation, the sum of $18,360.00

On Oct. 28, 1915, we commenced to number the shipments; from that to Nov. 6 this year, we have sent out 40 shipments, con-

sisting of 251 cases and bales in addition to those we now have on hand.

The Treasurer's Report will show how small the outlay has been to the Association for running expenses, being merely $20.00 a month rental and the postage for correspondence and express charges on a few parcels. All other expenses have been donated, which consist of packing cases, box strapping, canvas and twine for baling, rope for large bales, paper for protecting them and kegs of nails for all of which we are very grateful to the donors.

FINANCES.

Mr. A. M. Nanton, the Honorary Treasurer, presented the annual Financial Report.

During the year the receipts were $13,188.61, including amongst other items, special subscriptions amounting to $4,532.38, sales of wool, flannel, etc., $6,401.31. The balance in hand from the previous year was $4,746.42, making total receipts of $17,935.03.

The disbursements during the year were $8,125.16, of which the chief items were war supplies, purchased wool and flannel, etc., amounting to $5,647.06.

The balance in hand Sept. 30, was $9,809.87.

The total purchases for the year were, as follows:

Wool	$4,500.00
Flannel and flannelette	1,050.00
Material for army shirting	160.00
Sundry purchases, spools, cotton, buttons, etc.	115.00

NEW BRUNSWICK COUNCIL

The work of the New Brunswick Council for the past year shows a substantial increase over that of the previous twelve months, and the prospects for the coming year are very bright. The number who have attended a course of instruction is as follows: First Aid, 173; Home Nursing, 70. Certificates granted, 114 in First Aid and 45 in Home Nursing. The following are members of the medical staff of the Provincial Council.

Trueman E. Bishop, M.D., C.M., George G. Corbet, M.D., C.M., Douglas A. Dyas, M.D., Frank A. Duston, M.D., Frederick Dunlop, M.D., C.M., Alban F. Emery, M.D., L.C.P. & S., Edward A. Logie, M.D., C.M., Oliver R. Peters, M.D., C.M., William F. Roberts, M.D., L.C.P. & S., Stewart S. Skinner, B.A., M.B., C.M. (Edin.), Walter J. Weaver, M.B.

In reference to the formation of the V.A.D., Mrs. Kuhring, presents the following report:

In April, the Gen'l Secretary from Ottawa, was invited to speak at the Canadian Club on the subject of the St. John Ambulance Association—as a result of this lecture and in accordance with other instructions received from Ottawa, it was decided that the members of the Voluntary band of helpers who, under the auspices of the Canadian Club, had been giving such splendid service at the Convalescent Home—of whose faithful work too much praise can not be given—should be formed into the regulation Voluntary Aid Detachment according to a general plan being carried out in the Dominion.

In June, therefore, the Secretary of the Ambulance Association sent to Ottawa a letter received from Miss Mary MacLaren, Secretary of the new detachment, announcing the formation of this unit, now known as the V. A. D. No. 5, St. John Ambulance Association, and submitting the names of the suggested committee.

Honorary Commandant, Mrs. M. MacLaren; Commandant, Mrs. G. A. Kuhring; Asst. Commandant, Miss Payson; Quartermaster, Miss Edna Austin; Asst. Quartermaster, Miss Catherine McAvity; Lady Superintendent, Mrs. L. Day, (Trained Nurse); Secretary, Miss Mary MacLaren; Asst. Secretary, Miss Jeanette Bridges; Treasurer, Miss Marion Magee.

Much additional work was then taken up by the new detachment at the Military Hospital and Convalescent Home. In June came the important and unexpected call for helpers for the Military Hospitals in England. It was clearly laid down that volun-

teers must have both certificates of the St. John A. A., must be British born, and between the ages of 23 and 38 years. This excluded many admirably qualified young ladies, and as three who had been accepted were obliged to withdraw, Mrs. Earle from family reasons, Miss MacLaren, from illness, and Miss McQuade, owing to accident of place of birth, only three, instead of six, new Brunswick girls went overseas. These are Miss Jeanette Bridges, Miss Marion Magee, and Miss Crocket of Fredericton, who are now on duty at Leeds in a great Military Hospital of 1,600 beds, doing credit, no doubt, to their Province and the V.A.D.

WAR WORK.

During the year the Council collected money and supplies from various sources for hospitals and convalescent homes, and assisted in "Our Day" collection towards the funds of the British Red Cross Society, and the Order of St. John.

LILIAN HAZEN,
Honorary Secretary.

ALL EMPLOYERS OF LABOUR

Should have among their employees trained First Aiders, capable of rendering assistance in case of accident.

FIRST AID ROOM, GUTTA PERCHA RUBBER CO. TORONTO

NOVA SCOTIA COUNCIL

We beg to submit herewith the Annual Report of the Nova Scotia Branch of the St. John Ambulance Association, for the year ending October 31st, 1916.

It is with pleasure we record a considerable advance in the formation of First Aid and Home Nursing classes in this Province. What has been accomplished has been done by the hearty co-operation of a number of physicians and nurses, who have given willingly of their time both as instructors and examiners.

During the past year, over six hundred (600) students have bees enrolled in 26 different classes. Of this number 465 recognitions have been granted, 247 receiving First Aid Certificates, 212 receiving Home Nursing Certificates, 3 receiving Vouchers and 3 Medallions.

These awards were distributed over the Province as follows:

	First Aid	Home Nursing	Medal-lions	Vouch-ers	
Halifax	97	73	2	3	175
Dartmouth	--------	20	--------	--------	20
Bedford	--------	25	--------	--------	25
Windsor	19	30	--------	--------	49
Canning	14	--------	--------	--------	14
Lunenburg	--------	17	--------	--------	17
Truro	33	47	1	--------	81
Wolfville	38	--------	--------	--------	38
New Glasgow	18	--------	--------	--------	18
Glace Bay	28	--------	--------	--------	28
Total	247	212	3	3	465

It is rather noticeable that of the 26 classes conducted, not one was a male class. This may be accounted for in part by so many of our young men throughout the Province devoting themselves in other ways to the service of the Empire.

It is with pleasure we record that one of our members, a certificated man of former years, was secured to act as instructor to the Military. The report received from the chief medical officer under whose charge he was, states that every satisfaction was given and good work done.

We regret the large difference between the number enrolled for the course, and those taking the examinations. For different reasons, no doubt satisfactory to themselves many of the students did not present themselves for examinations. It must be very gratifying to the instructors as well as the students, that with two or three exceptions all who presented themselves for examination passed very creditably, many making exceptionally high marks.

We desire to place on record our sincere appreciation of the splendid work of members of the medical profession who so generously contributed their services and assisted so largely to make the work of the year successful.

It is with much pleasure we note the high honours conferred upon Mrs. Edith Jessie Archibald, Mrs. Agnes Dennis, Miss Caroline Elizabeth Carmichael and the Hon. Mr. Justice Joseph Andrew Chisholm, Mrs. Archibald and Mrs. Dennis being made Ladies of Grace, Miss Carmichael, Honorary Associate, and Hon. Mr. Justice Chisholm as Esquire of the Order.

W. H. STUDD,
Honorary Secretary.

ONTARIO COUNCIL

The year ending September 30th, 1916, has shown an activity almost equal to that of the previous year, the work being conducted with much enthusiasm and the proceeds of classes largely used to further the interests of the Red Cross and other Patriotic work. The classes have been greatly stimulated owing to the fact that certificates of the Association in First Aid and Home Nursing are necessary to qualify for overseas service, a call for which was received in July of this year and was responded to by the sending forward of sixty Volunteer Probationer Nurses for service in the Military Hospitals of England, under the auspices of the St. John Ambulance Brigade Overseas.

The request of the Executive Committee of the Canadian Branch to nominate Instructors in First Aid for the troops in training of the Canadian Expeditionary Forces was responded to and Messrs Clewett, Wall, Meakin, Spademan, Harmer, Chapman, Steele, Wood, Loveday, Linforth, Looker and Clarke, were select-

ed for this important work. Reports submitted by these instructors go to show how favourably the work has been received and appreciated by the members of the Battalions.

The Wallace Nesbitt Competition for School Cadets was won by the team representing Carleton Place.

Classes of instruction have been held in thirty-six cities, towns and villages of the Province for the first time in Arnprior, Dryden, Bracebridge, Barrie, Dunnville, Forest, Gravenhurst, Pembroke, Paris, Port Credit, Richmond Hill and Sudbury.

Two hundred and five classes (205) have reported examinations; four thousand two hundred and sixty (4,260) have received a full course of instruction, three thousand eight hundred and eighteen (3,818) have presented themselves for examination of whom three thousand six hundred and seventy-seven (3,677) satisfied the Examiners. Seventy-one candidates were awarded vouchers for their second examination in First Aid to the Injured, one hundred and fifty-eight (158) received Medallion standing and seventy-two received Label standing.

As in former years the Executive Committee desires to place on record its sincere gratitude to the members of the Medical profession who have so generously contributed their services as lecturers and examiners to the work of the Association.

During the year Drs. E. B. Oliver, F. R. Clegg, W. O. Gliddon, Dr. Mackenzie-Smith and Dr. E. Lucas Bennett have qualified for Honorary Life Membership in the Association and will be presented with this honour by the Parent Association.

The Executive Committee further desires to place on record its cordial thanks for the assistance rendered the work of the Association by the Officers of Centres and Secretaries of classes by the faithful discharge of their duties.

J. MASON,
President.

W. K. GEORGE,
Chairman.

CHARLES J. COPP,
Hon. Sec'y-Treasurer.

ONTARIO PROVINCIAL COUNCIL, CANADIAN BRANCH
ST. JOHN AMBULANCE ASSOCIATION

Classes October 1st, 1915 to September 30th, 1916

PLACE.	M.F.A.	F.F.A.	M.H.N.	F.H.N.	H.H.	M.S.	In Class	Examined	Passed	Failed	F.A.	Jr. F.A.	H.N.	H.H.	M.S.	Voucher	Medallion	Label
Toronto	16	39	1	17	2	1	1472	1359	1285	74	836	10	308	24	12	16	55	24
I. O. O. F.	1	3	---	2	---	---	97	70	69	1	47	---	12	---	---	1	---	--
Arnprior	---	2	---	1	---	---	65	55	55	---	38	---	17	---	---	---	---	--
Bracebridge	---	---	---	2	---	---	55	52	52	---	---	---	52	---	---	---	---	--
Belleville	---	2	---	---	---	---	50	48	48	---	47	---	---	---	---	1	---	--
Brantford	---	2	---	2	---	---	74	69	68	1	35	---	33	---	---	---	---	--
Berlin	---	1	---	---	---	---	58	21	21	---	21	---	---	---	---	---	---	--
Barrie	---	1	---	---	---	---	7	7	7	---	7	---	---	---	---	---	---	--
Brampton	---	---	---	---	---	---	---	10	10	---	---	---	---	---	---	1	9	--
Cobourg	---	---	---	1	---	---	30	15	15	---	---	---	15	---	---	---	---	--
Cobalt	2	1	---	---	---	---	51	40	40	---	40	---	---	---	---	---	---	--
Dunnville	---	1	---	---	---	---	20	12	12	---	12	---	---	---	---	---	---	--
Ft. William	---	3	---	1	---	---	103	82	82	---	70	---	11	---	---	---	1	--
Forest	---	1	---	1	---	---	44	24	24	---	9	---	15	---	---	---	---	--
Gravenhurst	---	1	---	1	---	---	49	49	49	---	19	---	30	---	---	---	---	--
Hamilton	2	11	---	3	---	---	368	445	441	4	284	---	76	---	---	35	22	24
London	3	7	2	6	1	---	388	364	364	---	177	---	138	7	---	5	21	16
Owen Sound	2	---	---	---	---	---	26	25	25	---	20	---	---	---	---	1	2	2
Oshawa	---	---	---	1	---	---	16	15	15	---	---	---	15	---	---	---	---	--

MEN'S WARD, BRITISH MUNITIONS CO., LTD., MONTREAL
ONE OF SEVERAL ROOMS PROVIDED FOR TREATMENT OF SICK OR INJURED

Ottawa	5	13	---	8	2	---	604	436	389	47	207	---	153	16	---	1	10	2
Pembroke	---	1	---	---	---	---	34	26	26	---	26	---	----	---	---	---	---	--
Paris	---	1	---	---	---	---	33	27	27	---	27	---	----	---	---	---	---	--
Pt. Credit	---	1	---	---	---	---	9	9	9	---	9	---	----	---	---	---	---	--
Peterboro	---	2	---	1	---	---	59	47	47	---	31	---	15	---	---	---	---	--
Richmond Hill	---	1	---	---	---	---	21	15	15	---	15	---	----	---	---	---	---	--
Sault Ste. Marie	---	1	---	---	---	---	22	22	20	2	20	---	----	---	---	---	---	--
Sudbury	---	1	---	---	---	---	30	12	12	---	12	---	----	---	---	---	---	--
St. Catharines	1	1	---	---	---	---	35	35	35	---	21	---	----	---	---	1	10	3
Simcoe	---	2	---	2	1	1	104	101	101	---	43	---	34	11	13	---	---	--
St. Thomas	---	2	---	2	---	---	112	94	94	---	48	---	46	---	---	---	---	--
Vankleek Hill	---	---	---	1	---	---	32	31	31	---	----	---	17	---	---	3	11	--
Woodstock	---	1	---	1	---	---	66	60	60	---	28	---	26	---	---	---	6	--
Waterloo	1	1	---	---	---	---	44	40	35	5	32	---	----	---	---	3	---	--
Windsor	1	1	---	---	---	---	49	45	45	---	37	---	----	---	---	3	4	1
Kingston	---	2	---	1	---	---	63	56	49	7	33	---	9	---	---	---	7	--
	34	106	3	54	6	2	4260	3818	3677	141	2251	10	1032	58	25	71	158	72

ARNPRIOR.

Two Female First Aid classes and one Female Home Nursing class were held. Lecturers—Drs. W. B. McNaughton, J. E. Murphy, J. G. Cranston. Examiners—Drs. W. A. Cameron, A. Jamieson and W. B. McNaughton.

BRACEBRIDGE.

Two Female Home Nursing classes were held. Lecturer—Dr. Mackenzie-Smith. Examiner—Dr. W. O. McIlmoyle.

BELLEVILLE.

Two Female First Aid classes were held. Lecturer—Dr. Caroline Brown. Examiner—Dr. Horace A. Yeomans.

BRANTFORD.

Two Female First Aid and Two Female Home Nursing classes were held. Lecturer—Dr. W. G. Barber. Examiners—Dr. C. D. Chapin, Dr. Wm. Nichol.

BERLIN.

One Female First Aid class was held. Lecturer—Dr. Honsberger. Examiner—Dr. W. T. Wallace.

BARRIE.

One Female First Aid class was held. Lecturer—Dr. W. A. Lewis. Examiner—Dr. V. A. Hart.

COBOURG.

One Female Home Nursing class was held. Lecturer—Dr. H. M. Harrison. Examiner—Dr. J. A. Ivey.

COBALT.

Two Male First Aid and one Female First Aid classes were held. Lecturers—Drs. E. W. Mitchell, J. A. Kane. Examiners—Drs. J .A. Kane and Dr. T. C. McLaren.

DUNNVILLE.

One Female First Aid. Lecturer—Dr. H. Walker. Examiner Dr. H. M. Yelland.

FT. WILLIAM.

Three Female First Aid and one Female Home Nursing. Lecturers—Drs. A. D. Stewart, E. B. Oliver. Examiner—Dr. R. McTavish.

FOREST.

One Female First Aid and one Female Home Nursing. Lecturer—Dr. C. A. Patterson and Miss Steele, Nurse. Examiners—Drs. T. A. Brandon and C. A. Patterson.

GRAVENHURST.

One Female First Aid and one Female Home Nursing. Lecturer—Dr. Mackenzie Smith. Examiners—Dr. Margaret Patterson and Dr. L. McLeary.

HAMILTON.

Two Male First Aid classes were held, eleven Female First Aid and three Female Home Nursing. Lecturers—Drs. James A. Simpson, F. Woodhall. Examiners—Drs. F. S. Harper, Niemier, L. A. Jones, Cody, F. Woodhall, H. Bagshaw.

KINGSTON.

Two Female First Aid classes were held and one Female Home Nursing. Lecturers—Drs. Crowley, Morrison, Gibson and Bryce. Examiner—Dr. MacCallum.

The Annual Meeting of the Kingston Centre was held in November. The attendance was good and the prospects for the year seemed excellent.

The following Officers were elected:—

Honorary President, General Hemming; Honorary Vice-President, Colonel Ogilvie; Chairman Local Centre, Ven. Archdeacon O. G. Dobbs, M.A.; 1st Vice-President, J. B. Walker, Esq., K.C.; 2nd Vice President, Mrs. Ogilvie; Sec'y-Treasurer, Capt. Filson, M.D., of Queen's Ambulance Corps.

Executive—Miss Macdonnell, who will act as Asst. Secretary, Miss Ronan, Miss Ridden, Mrs. Duff, Mrs. Gardiner, Miss Wadden, Capt. Wotherspoon, Adj't, A.M.C.

Medical Staff—Capt. Boyce, M.D., C.M., D. E. Bell, M.D., C.M., L.M.C.C., L. E. Crowley, M.D., C.M., Capt. Elliott, M.D., W. Gibson, M.D., E. C. D. MacCallum, M.D., C.M.

(Sgd.) O. G. DOBBS,
Local Chairman.

LONDON.

Chairman, Lt.-Col. W. M. Gartshore; Honorary Secretary-Treasurer, William Loveday.
Life Members of Centre—Dr. H. H. Black, Lt.-Col. W. M. Gartshore.

Medical Staff—Drs. H. H. Black, F. R. Clegg, A. Duncan, N. George, G. Hale, H. W. Hill.

During the year 1915-16, Lt.-Col. W. M. Gartshore was appointed Esquire of the Order of the Hospital of St. John of Jerusalem in England.

Three classes in Male First Aid were held; seven in Female First Aid; two classes in Male Home Nursing; six in Female Home Nursing and one in Home Hygiene. Lecturers—Drs. Clegg, Rowan, Harris, Tillman, Mugan, H. W. Hill, Hughes, Nelson George, A. V. Beecher. Examiners—Drs. Weston, Stephens, G. J. A. Thompson, Slegg, Duncan, J. L. Stapleton, F. W. Hughes, Campbell, H. C. Allison, W. M. Shoebotham, Homer Black, Geo. McNeill, Cowan.

OWEN SOUND.

Two Male First Aid Classes. lecturers—Dr. Geo. McNeil, Dr. A. Rutherford. Examiner—Dr. F. A. Brewster.

OSHAWA.

One Female Home Nursing. Lecturer—Dr. F. A. Rundle. Examiner—Dr. A. B. Ford.

OTTAWA.

Mr. T. Lawson, Secretary of the Ottawa Centre, reports as follows:—

Sixteen First Aid classes have been completed. These same classes had from six to ten lectures. Three hundred and eighty-one have taken these lectures and one hundred and ninety-five certificates have been granted by the Association.

One hundred and one men have attended the lectures and fifty-seven qualified for certificate. Eight Home Nursing classes have been completed with an average of six lectures each. Two hundred and eleven have taken these lectures and one hundred and fifty-two certificates have been granted.

One class in Home Hygiene was held at the Ottawa Ladies' College. Sixteen attended this class, five qualifying for certificates. This makes a total of twenty-five classes with an enrollment of six hundred and eight and three hundred and fifty-two certificates granted.

The Instructors during the year were—Drs. Bowles, Davies, Dobbie, Echlin, Gliddon, Halkett, Thompson, M.P., and Mrs. Taschereau. The Examiners were—Drs. Bowles, Davies, Dobbie, Gibson, Gliddon, Klotz, Raphael, Church and Thompson, M.P.

Mrs. Taschereau has as last year been our chief worker and has given freely of her time and ability to the many calls that have been made on her.

In my last report I regretted the fact that very few men had taken the classes.—the past year has been very much better in that respect.

We were able to organize two large classes in the Y.M.C.A., Dr. Dobbie and Dr. Thompson, M.P. were the lecturers. Seventy-

one attended these classes, forty-five of whom were Ottawa Electric Railway men. Twenty-two of the motormen and conductors received their certificates and are qualified to wear our badge. The Doctors who lectured to these classes as well as the Examiners gave their time free.

Dr. Halkett, Medical Officer, of the 77th, gave a course of ten lectures to the Officers of that Regiment. In the examination which was conducted by Dr. Dobbie, twenty-two qualified for certificates. Two of this class have since given up their lives for their country.

For the past two years Dr. Gliddon has delivered a very interesting course of lectures on Home Hygiene. I am in hopes we shall be able to prevail on the Doctor to repeat the lectures at a suitable place again this winter.

At the present ladies' classes in First Aid and Home Nursing are being held at the Y.W.C.A., All Saints' Sunday School Hall and St. Barnabas' Sunday School Hall.

On Tuesday evening, the 28th inst. a class for men in First Aid will commence at All Saints' S. S. Hall. Dr. Andy Davies is to be the lecturer.

Special opportunities have been afforded to the holders of the St. John Ambulance certificates this year of putting their knowledge to practical use through the Voluntary Aid Detachment of the Ottawa Centre. The amazing amount of work accomplished by this Detachment will be told you by its able and energetic Commandant—Miss Todd.

Before closing my report I would like publicly to thank the Instructors and Examiners mentioned above, especially Drs. Glidden, Dobbie and Lt.-Col. Thompson, who have given so many of their evenings to the examination of the candidates and have required a high standard from those successful, thereby making our certificates a more valuable acquisition.

Respectfully submitted,
(Sgd.) THOMAS LAWSON,
Honorary Local Secretary.

PEMBROKE.

One Female First Aid. Lecturer—Dr. Geo. E. Josephs. Examiner—Dr. J. G. Graham.

PARIS.

One Female First Aid. Lecturer—Dr. A. S. Lovett. Examiner—Dr. D. Dunton.

PORT CREDIT.

One Female First Aid. Lecturer—Dr. Caroline Brown. Examiner—Dr. C. J. Copp.

PETERBOROUGH.

Two Female First Aid and one Female Home Nursing. Lecturer—Dr. G. S. Cameron. Examiner—Drs T. N. Greer and A. Moir.

RICHMOND HILL.

One Female First Aid. Examiner—Dr. L. Langstaff. Examiner—Dr. C. P. Johns.

SAULT STE. MARIE.

One Female First Aid. Lecturer—Dr. J. R. McLean. Examiner—Dr. R. J. Gibson.

SUDBURY.

One Female First Aid. Lecturer—Dr. H. H. Torrington. Examiner—Dr. W. C. Morrison.

ST. CATHARINES.

One Male First Aid and one Female First Aid. Lecturers—Drs. J. G. Harkness and W. Chapman. Examiners—Drs. M. J. Mulock and J. G. Harkness.

SIMCOE.

Two Female First Aid and two Female Home Nursing, one Female Home Hygiene and one Female Military Sanitation. Lecturer—Dr. W. A. MacIntosh. Examiners—Drs. W. C. Toll and Julian Boyd.

ST. THOMAS.

Two Female First Aid and two Female Home Nursing. Lecturers—Dr. R. M. Lipsey and Dr. Geo. A. Shannon, Dr. F. O. Lawrence and Dr. P. O. King. Examiners—Drs. Geo. A. Shannon, R. M. Lipsey, P. O. King, F. O. Lawrence.

TORONTO.

The work of the Toronto Centre has as in former years been conducted by the Provincial Executive Committee.

Medical Staff—Drs. Margaret Patterson, W. F. Plewes, C. J. Copp, Jas. Dow, A. T. Macnamara, J. W. Smuck, Caroline Brown, Jennie Smilley, Lorne H. Cook, W. M. Adams, Susan Fotheringham, Margaret McAlpine, W. A. Young, Lindsay Morrison, F. H. Scherk, Penny, Jno. Stenhouse, E. Lucas Bennett, John Duncan, Rowena G. Hume, W. J. Greig, Andrew Eadie, F. Winnett, W. M. Robb, E. R. Gray, Paul L. Scott, E. A. McCullough, E. Spragge, R. G. McMillan.

Thirty-nine classes were formed in Female First Aid as follows:—Six classes at the Y.W.C.A., one class in connection with the City Playgrounds, Parks Department, six classes at the Women's Patriotic League, one in connection with Alumnae Association, Toronto University, one at Bloor Street Baptist Church, one at St. Margaret's College, two at the Salvation Army Headquarters, one at the Malvern Collegiate, one in connection with the Women's Volunteer Corps, one at the Presbyterian Deaconess Home, one at the Parkdale Collegiate, one at St. Paul's Anglican Church, one at Bishop Strachan School, one in connection with the Dominion Council, Girl Guides, one at the Margaret Eaton School, one at the Somers School Physical Training, one class organized by Miss Grace George, two classes at Havergal College, two at Branksome Hall, one at the National Training College, one at Victoria Presbyterian Church, one in connection with the West Toronto Nursing Division, one at the W.C.T.U., one organized by Mrs. Lyons ,one at the Cowan Avenue Presbyterian Church, one at Howard Park Methodist Church.

Sixteen Male First Aid classes were held as follows: One in connection with the 109th Regiment, Armories, one at the Boy Scouts' Headquarters, two at Victoria Presbyterian Church, one in connection with the Parks Dept., City Playgrounds, three at the Y.M.C.A., two in connection with Earlscourt Division, three in connection with the Police Dept., one in connection with the Queen's Own Rifles, two in connection with the College of Pharmacy.

Seventeen Female Home Nursing were held as follows: Six at the Women's Patriotic League, three at the Y.W.C.A., two at Havergal College, one at Branksome Hall, one class organized by Miss Grace George, one in connection with the West Toronto Nursing Division, one at Parkdale Bowling Club, two at St. Ann's Parish Hall.

One class in Male Home Nursing held at the Wycliffe College.

Two Female Home Hygiene held at the Y.W.C.A. and the Women's Patriotic League.

One Military Sanitation (Male) held at the Y.M.C.A.

TRIPLE LINK FIRST AID CENTRE.

Six classes in all were held in connection with the I.O.O.F. Of these classes three were Female First Aid, one Male First Aid and two Female Home Nursing, in all sixty-nine candidates were successful. These classes were held at Welland, Dryden, Paris, Galt and Toronto.

The following is a list of the doctors who have served during the year:—Drs. H. D. Cowper, Edward Binns, D. G. Dingwall, H. L. Blair, William Kayler, W. J. Defries, George Pringle, A. Mowat, McCormick, A. S. Lovett, W. A. Woolner, J. H. Radford and L. S. Charlton.

VANKLEEK HILL.

One Female Home Nursing. Lecturers—Drs. Jas. McIntosh and McDonald. Examiner—Dr. D. J. McIntosh.

WOODSTOCK.

One Female First Aid and one Female Home Nursing. Lecturer—Dr. W. Krupp. Examiner—Dr. A. Beverly Welford.

WATERLOO.

One Male First Aid and one Female First Aid. Lecturer—Dr. W. Geiger. Examiner—Dr. W. Hilliard.

WINDSOR.

One Male First Aid and one Female First Aid. Lecturers—Drs. W. A. McDonald and C. L. Fuller. Examiners—Drs. C. L. Fuller and E. E. Cruickshank.

"WHAT TO DO IN CASE OF ACCIDENT"

Instruction for First Aid treatment in brief form, can be had free on application to the Head Office, Castle Building, Ottawa.

NORTHERN ELECTRIC CO., MONTREAL
EXTENSIVE EMERGENCY DEPARTMENT

QUEBEC COUNCIL

I have the honor to present herewith the fifth annual report of the Quebec Provincial Council of the St. John Ambulance Association. We have again had a most successful year, 30 classes have been held in Montreal, 4 in Sherbrooke, 2 in Quebec City and 1 at Sorel. 654 persons have taken a full course of instruction, and 560 passed a successful examination; grand total since the formation of the Centre, 3,128. The Executive desire to place on record their sincere gratitude to the members of the medical profession and ambulance instructors who have so generously contributed their services as lecturers and examiners. As in past years the local Young Women's Christian Association have taken an enthusiastic interest in the work of this association.

The Sherbrooke Branch has again shown up well with 112 members instructed, 81 of whom won the diploma of the association. Mrs. Sarah A. Jones, Secretary of the Sherbrooke Centre was suitably presented with the Vellum vote of thanks from The Order of St. John of Jerusalem in England for long and valuable services rendered to its ambulance department. Dr. H. O. Lambly, who has for a number of years given free lectures to the members of the Sherbrooke Centre was granted Hon. Life Membership in the Association.

The members of the Quebec Centre have kept up their enthusiasm under most trying circumstances, and it is to be sincerely hoped that 1917 will usher in a live executive who will make themselves properly acquainted with the details of our work and thereby avoid as little delay as possible in obtaining certificates, etc., etc. for their members after passing the necessary exams.

Since October 1st, 1916, the following classes were organized and have since concluded their examinations:—

Y.W.C.A., Montreal (Fairmount Branch)	20
Y.W.C.A., Montreal (Dorchester St. Branch)	12
Y.W.C.A., Montreal (Dorchester St. Branch)	20
Aylmer, P.Q.	46

N.B.—On account of the close proximity of Aylmer to Ottawa the Canadian Branch at our request took over the responsibility of this class.

New classes are proceeding in Montreal at the Dorchester Y.W.C.A., Verdun Y.W.C.A., amongst St. J. A. B. and at the Craig Street Drill Hall, The Royal Victoria College and Lower Canada College. Large classes have organized at Sherbrooke, Richmond, Cookshire and other places.

The work of our Executive has become well known, particularly amongst the various industries in Montreal and district, and many organization meetings have been held from time to time for the purpose of extending and propogating First Aid instruction amongst their employees with excellent results, and some of the best known firms in the city have requested us to supply them with competent First Aid men to attend to their sick and injured.

The last, but not the least portion of the responsibilities of the Quebec Council, and one which has taken up an immense amount of time and caused not a little anxiety as to the results has been the instruction in First Aid to the Injured of the troops connected with the Canadian Expeditionary Forces, prior to their being sent overseas.

Eight men were picked and coached up before being turned over to the A.D.M.S. of the 4th and 5th Divisions, and their work carefully followed up in all parts of the Province. The year's results show that full and adequate instruction has been given to 26,697 officers and men.

The Medical men who have given free examination and lectures for the Council are as follows:—

Maj. D. D. MacTaggart, M.D., Montreal, A. E. F. Hubbard, M.D., Quebec, A. T. Bazin, M.D., Montreal, H. B. Cushing, M.D., Montreal, Geo. Fisk, M.D., Montreal, A. W. Thomas, M.D., Montreal, W. O. Lambly, M.D., Sherbrooke, A. H. McCordick, M.D., Montreal, H. S. Morton, M.D., Montreal, Miss L. Phillips, Montreal, Asselin, M.D., Montreal, H. D. Hamilton, M.D., Montreal, H. V. Robinson, M.D., Montreal, R. La Rochelle, M.D., Sorel, F. A. L. Lockhart, M.D., Montreal, C. H. Godin, M.D., Sorel, F. J. Tees, M.D., Montreal, G. S. Mundie, M.D., Montreal, J. Henderson, M.D., Quebec, Malcolm Mackay, M.D., Montreal, J. H. Gillis, M.D., Montreal, E. Lemieux, M.D., Quebec, Miss G. M. Fairly (Supt. Nurse), Montreal, F. Gilday, M.D., Montreal, E. St. Jacques, M.D., Montreal, W. M. Leyo, M.D., Montreal.

Our bank balance at the beginning of our financial year was $774.10 and at the end of the year, notwithstanding a considerably increased expenditure, as shown in details on the statement attached, $822.75, and with assets of $225.80 still to come in shows a balance in our favor of $1,048.55.

Respectfully submitted,

W. F. ANGUS,
President.

S. A. GIDLOW,
Hon. Sec.-Treasurer.

SASKATCHEWAN COUNCIL

The Saskatchewan Provincial Council has had an exceedingly successful year which is easily proved by the increase in classes held and certificates issued. These, however, but lightly portray the actual condition for during the year a very marked improvement has been made in public appreciation of the aims, objects and work of the St. John Ambulance Association. The Association can now be said to be firmly established in the public mind as an organization deserving of their heartiest support.

During the year new centres have been formed at Wadena and Prince Albert.

Nine hundred and eighty-two candidates were examined as a result of the classes held at the various points. Of this number sixty-six failed and nine hundred and sixteen were granted certificates. These were divided as follows:

	Male	Female	Re-Exams
Saskatoon	131	128	12
Regina	198	182	13
Qu'Appelle	13	---	3
Melville	---	21	---
Lumsden	---	24	---
Weyburn	16	28	5
Davidson	---	2	1
North Battleford	14	---	---
Total	372	404	34

In the early part of the year St. Chads Military Convalescent Home was opened at Regina. This gave opportunity to a number of those who held St. John First Aid and Home Nursing Certificates. A sufficient number very graciously responded and through their assistance the work was started and has been maintained. St. Chads' has accommodation for some eighty convalescents and is now nearly filled.

During the summer the Council was asked to supply six nurses for overseas service. More than enough volunteers immediately responded and from these the necessary number was selected. These sailed on date arranged and have given good service, in the hospitals, overseas.

Before leaving Saskatchewan the nurses were each presented with a steamer rug and a purse. In Regina the presentation was made at an afternoon tea held at the residence of Mrs. (Dr.) Thompson.

Last winter a Wallace Nesbitt competition was held. It was a good contest and the honors were won by the Christ Church Cadets of Saskatoon. The rifles won were presented at an entertainment of an excellent nature held for that purpose.

Through the aid of the Provincial Government classes have been held in the Normal School Regina and the Educational Department has given every assistance possible and are anxious to extend the work so as to include every teacher in the Province. Gradually but surely through the combination of Government and the St. John A. A. the whole teaching body of Saskatchewan will be trained in First Aid and Home Nursing.

The Provincial Council has held several successful entertainments to augment the Provincial funds. The success of these is largely due to the untiring efforts of Mrs. Counsel, wife of our Provincial Secretary.

The work of the Provincial Council and also its finances are now in excellent shape. This is chiefly due to the fact that a new Secretary in the person of A. E. Counsel was appointed. Through the application of good business methods the organization has taken on a new lease of life with the result that the public now knows better than it ever did what the St. John A. A. stands for and has confidence in its management. Many members of the medical profession have given free and excellent service by lecturing and otherwise and while little can be said about it yet these services have been fully appreciated.

Acting under instructions three First Aid instructors were appointed to give lectures to the various Saskatchewan Battalions. These instructors attended at Camp Hughes all summer and the men have been quite unstinted in their praise of the work done. The men place very high value upon the information they received and are unanimous in saying that this instruction should be continued.

W. D. COWAN,
Provincial President.

GRAND TRUNK RAILWAY CENTRE

On behalf of the Executive of the Grand Trunk Railway Centre of the St. John Ambulance Association, I beg to submit herewith the Fourth Annual Report of the Centre.

At the close of the year 1916, the Centre has been continued in respect to First Aid teaching and practice throughout the System.

While we are not in a position to show an increase in the number of employees instructed in the classes during the year, those who have remained and been re-examined, together with new members, have shown a very decided adaptibility and interest in the work.

It was pointed out in our last annual report, the difficulty experienced in getting suitable members for the various classes and this condition still prevails even to a greater extent, and is easily realised when consideration is given to the unparalleled situation today in respect to the shortage of men in both skilled and unskilled callings, and in view of this together through contiual changes in staff, it has been a difficult matter to keep up the standard of classes already formed, and the consequent greater difficulty in forming new ones. The situation might be further emphasized in this connection in respect to Railway Centres by reason of the well known fact, that the railways are taxed to their utmost in order to handle the enormous traffic of the Country, and naturally, the influences of these demands are felt in every branch of the service, and the further consequent difficulty in interesting men outside of their regular work.

With this increase in traffic movement, there is also unfortunately a corresponding increase in casualties of less or greater severity, and while as before stated, we do not show an increase in the number of employees instructed in first aid, yet, at practically all our terminal points and larger shops, we now have numbers of St. John Ambulance men, well qualified, and during the year, many reports of attendance on injuries of a more or less severe nature have been received showing the wonderful advantage of first aid training. It has been a source of satisfaction and encouragement to our Officers to know that suffering has been relieved, and greater dangers to life and limb often prevented.

Like other railways and industrial institutions, the Grand Trunk Company has admitted to its workshops and stores, numbers of women to take the places of men who have enlisted in the overseas forces, and at such places, classes for women have been formed and are being instructed in the principles of first aid, so that, should any injury or sudden illness unfortunately overtake

any of our women workers, there will be ready, their own women folk, prepared to assist them in every way possible, until the arrival of the District Surgeon.

Our Vice-President, Mr. W. D. Robb, who has always taken a great interest in the training of the youth in his mechanical apprenticeship, has organized first aid classes among these young workmen, and they are showing an interest and adaptibility that promises well for the future of the St. John Ambulance Association in our service.

The classes as a whole have been well maintained, while further action has been taken to increase the number of classes as well as including a greater number of employees in the classes already established.

We have not yet solved the problem of including in our classes to any appreciable extent, trainmen, enginemen, and firemen, the chief difficulty being in getting these classes of men at anything like stated regular hours for lectures, by reason of their absence on the road. It would appear that some special arrangements would have to be made to meet this situation, such as the holding of a continuous course of the several lectures at the home terminal of these men by a lay Instructor, until all the men at that particular point had attended, and so continue until all terminal points had been covered. It is fully realized what a benefit first aid training to these men would be, because in the event of injury or sudden illness, they are as often as not, so situated, that they are far from the help of a Doctor, and one of the great points in favor of first aid is confirmed again, that suffering might be relieved, or a life saved by the timely aid of a St. John Ambulance man.

During the year, 243 employees received instruction in First Aid, 76 certificates were issued, and 126 re-examinations were passed.

While general competitions have, we believe, wisely been discontinued during the war ,we have carried on two, viz., the annual competition at Stratford for the Dr. G. R. Deacon trophy, in which eight teams were entered, the honors going to the Motive Power Shop team captained by Mr. J. Weiss. The Annual Competition for the Silver Shield presented by the President, Mr. E. J. Chamberlin, is in progress as this report is being made. Eighteen teams from various parts of the System are entered for this competition, and one team from each of four Divisions in the preliminary examinations will qualify for the final test.

We have previously expressed opinion on the value of these competitions, and feel that we are generally supported in the be-

lief that such are more or less of a necessity to assist in the maintenance of a high standard of efficiency, and interest in the objects of the Associations work.

Once again we acknowledge the kindly interest of the President of the System, Mr. E. J. Chamberlin, and other officers. in our work, and the able direction of Mr. Howard G. Kelley, Vice-President, and President of the Centre, and Mr. W. D. Robb, Superintendent of Motive Power, and Vice-President of the Centre..

We also have to express our great appreciation of the services of the Medical Staff of the Company under the direction of Lt.-Col. J. Alex. Hutchison, M.D., Chief Medical Officer, and Dr. H. B. Carmichael, Division Surgeon, who, with the sacrifice of considerable time, have continued to give the lectures and instruction to the classes.

A solemn duty compels our most earnest praise and admiration of the self-sacrificing and patriotic spirit that has sent overseas our Chief Medical Officer, Lt.-Col. Hutchison, several of our District Medical Officers, and hundreds of employees, many of whom were interested in, and passed their examinations in First Aid, under the auspices of this Centre of the Association, and it is a matter of greater appreciation if possible, to have received reports, of distinction gained by our members, by the investment of the regulation orders for Distinguished Conduct in field and Hospital and promotion to higher ranks on the field.

The whole respectfully submitted.

F. A. BOURNE,
Hon. Secretary.

CANADIAN GOVERNMENT RAILWAYS CENTRE

We regret to report that owing to circumstances, we held no classes for instruction in first aid, during the past year, and consequently the number of our qualified ambulance men has not increased.

First Aid work has, however, been carried on at different points on the railways, where we have qualified ambulance men. These latter, however, have been greatly reduced in number, owing to the fact that many of them have enlisted for active military service, and are now overseas doing their bit for their King and Country.

Approximately the number of cases given first aid since the date of our last report has been 875. This does not include the cases treated at the Transcona Shops, which, I am advised by the first aid instructor, average three a day.

Among these cases were some very serious ones, and many of them were injuries of a a less serious nature, and the injured employee, after receiving proper treatment at the hands of the ambulance man, was able to return to duty.

The Railways are now preparing to prosecute the first aid work more vigorously, not only on the Intercolonial Division but also on the Transcontinental Railway between Moncton and Winnipeg.

With this end in view, three instructors have recently been appointed, who will devote the whole of their time to this work, and we expect within the near future to have a car properly equipped, to be used in connection with the instruction of employees in first aid to the sick and injured.

It is the intention to use this car on isolated districts, in order that our section foremen and other employees in the wilderness may be given every opportunity to obtain a knowledge of first aid work, so that in case of sudden illness, or injury, they may be able to apply such knowledge to their families and neighbors, and also to any train employee, passenger, etc., who may require first aid attendance.

F. P. GUTELIUS,
President.

W. S. PAVER,
Secretary.

FIRST AID AT THE ANGUS SHOPS, C.P. RY., MONTREAL

CANADIAN PACIFIC RAILWAY CENTRE

I beg to submit herewith the sixth annual report of the C.P.R. Centre: By reason of our instructors going abroad we are not able to show as good results in respect to our local routine work as in the past years. For the year ending September 30th, 1916, 653 railroad employees have passed their examinations, and 774 have taken instruction. Since the commencement of our work on the Canadian Pacific 9,253 have passed successful examinations and 11,941 have received instruction. During five months ending October, 1916, we organized and gave instruction to 2,031 officers and men of the Canadian Pacific Ocean Services, Montreal; since then the whole of the Angus Shops have been re-organized, and a number of men instructed from every shop on the plant, also, a large proportion of the women are receiving a course of instruction. We have large classes now undergoing instruction at McAdam and St. John, N.B.; we have also a few classes on Western Lines, but owing to our instructors leaving for overseas we could not make much of a showing west of Fort William.

Respectfully submitted,

S. A. GIDLOW,

General Secretary, C. P. Ry. Centre.

HOW TO FORM A CLASS

See Page 71 of this Report.

CANADIAN MEMBERS AND ASSOCIATES OF THE ORDER OF THE HOSPITAL OF ST. JOHN OF JERUSALEM IN ENGLAND.

KNIGHT OF GRACE.

His Excellency The Duke of Devonshire, K.G., G.C.M.G., G.C.V.O.

LADY OF GRACE.

Her Excellency The Duchess of Devonshire.

LADY OF JUSTICE.

Grace Julia, Lady Drummond.

KNIGHTS OF GRACE.

Surgeon-General George Sterling Ryerson, M.D., C.A.M.C.
Brig.-General The Honorable James Mason.
The Lord Shaughnessy, K.C.V.O.
John Mortimer Courtney, C.M.G., I.S.O.
George Edward Drummond.
Sir Edmund Walker, C.V.O., LL.D., D.C.L.
Hon. Lieut.-Col. William Molson Macpherson.
Brig.-Gen'l Sir John Morison Gibson, K.C.M.G., K.C., LL.D.
Frederick Montizambert, C.M.G., I.S.O., M.D. (Ed.)
Surgeon-General Guy Carleton Jones, C.M.G., M.D.
Sir William Mackenzie.
Sir Donald Mann
Lieut.-Colonel Frederick Minden Cole.
The Honorable Wallace Nesbitt, K.C.
Brig. Gen'l Sir Henry Mill Pellatt, C.V.O.
Colonel Charles Alfred Hodgetts, M.D., C.A.M.C., Canada.
Sir Thomas Tait.
The Honorable Sir Louis Henry Davies, K.C.M.G., P.C., K.C.
William James Gage.
George Frederick Galt.
Edson Joseph Chamberlin.
Edward Rogers Wood.
Lieut.-Colonel Noel George Lambert Marshall.
Sir Herbert Brown Ames, LL.D., M.P.
William Disbrow Brydone-Jack, L.R.C.P., L.R.C.S. Ed.
His Honour Sir Pierre Laurent Damase Evariste LeBlanc.
Colonel George Augustus Sweny.
Charles Joseph Copp, M.D.
John Fosbery Orde, K.C.
George Bury.
George Burn.
James Wilson Robertson, C.M.G.

HONORARY.

James John Van Alen.

LADIES OF GRACE.

Madame Frederick L. Beique.
Lady Tilley.
Mrs. A. E. Gooderham.
Mrs. W. C. Wilson.
Mrs. W. R. Miller.

Mrs. Boomer.
Mrs. Arthur Murphy.
Mrs. Peter Crerar.
Lady Pellatt.
Mrs. Charles Archibald.
Mrs. R. Wilson Reford.
Madame J. R. Thibadeau.
Miss H. R. Y. Reid.
Lady Gibson.
Miss L. M. Ryerson.
Mrs. Wallace Nesbitt.
Mrs. Dennis.
Lady Tupper.
Lady Davidson.
Mrs. Jessie Archibald.

HONORARY.

Mrs. A. A. Blow.

ESQUIRES.

William Reginald Baker, C.V.O.
Thomas Gibson, M.B.
Lieut.-Colonel Francis L. Vaux, M.D., C.P.A.M.C.
Colonel, J. T. Fotheringham, C.M.G., M.D., C.A.M.C.
William Kerr George.
Howard G. Kelly.
David Pottinger, I.S.O.
Stewart Gordon.
Alphonsus Dallain.
Lieut.-Colonel Thomas William Herbert Young, M.D.
Lieut.-Colonel William Moir Gartshore.
The Honorable Joseph Andrew Chisholm, K.C.
Lieut.-Col. Frank Cornwall McTavish, C.A.M.C.
Major David Donald, C.A.M.C.
Anthony Douglas McTier.
Hon. Lt.-Col. Charles Walsh Rowley.
William Doig Robb
Albert Holden Abbott, B.A., Ph.D.

HONORARY SERVING BROTHERS

Lieut.-Colonel Richard John Birdwhistle.
Captain George Robert Nixon Collins.

HONORARY ASSOCIATES.

Thomas George Roddick, M.D.
Lieut.-Colonel John Bayne MacLean.
Colonel John Louis Hubert Neilson.
Brig. Gen'l James Lyons Biggar.
Arthur Lewis Cochrane.
Samuel Ault Gidlow.
Alexander Mackenzie Forbes, M.D.
Major Robert S. Wilson.
Major Theakston.

Lieut.-Col. James Alexander Hutchison, M.D.
Henry B. Carmichael, M.D.
Frederick E. Watts, M.B.
Miss C. E. Carmichael.
Miss M. Pinkham.
Mrs. G. H. Walker.
William Trant.
Sidney Walter Johns.
Charles Alfred Taylor.
Charles R. Dickson, M.D.
Mrs. H. Morell.

LIFE MEMBERS, CANADIAN BRANCH.

Archer, Robert, Montreal.
Archer, Mrs. Robert, Montreal.
Aldred, J. E., Montreal.
Angus, R. B., Montreal.
Angus, D. Forbes, Montreal.
Angus, W. F., Montreal.

Birkett, Lt.-Col. H. S., M.D., Montreal.
Baker, W. R., Montreal.
Burn, Geo., Ottawa.
Boulton, Sir S. B., Bart., London, England.
Boulton, Harold, M.V.O., London, England.
Brock, W. R., Toronto.
Brown, Edward, Winnipeg.
Burbridge, H. E., Winnipeg.
Ballantyne, C. C., Montreal.
Beatty, Mrs. W. H., Toronto.
Beatty, Mrs. C. W., Toronto.

Copp, C. J., M.D., Toronto.
Cantlie, Lt.-Col. G. S., Montreal.
Cantlie, Lt.-Col. J. A., Winnipeg.
Cains, Geo. L., Montreal.
Cameron, Hon. Sir Douglas, Winnipeg.
Chamberlin, E. J., Montreal.
Cawthra, Mrs. John, Toronto.

Drummond, Geo. E., Montreal.
Desborough, Lord, London, Eng.
Dickson, Charles R., M.D., Toronto.
Dobell, W. M., Quebec.
Dandurand, Hon. Senator R., Montreal.
Drummond, Lady, Montreal.

Fraser, J. B., Ottawa.
Fraser, W. H. A., Ottawa.

George, W. K., Toronto.
Gartshore, Lt.-Col. Wm., London.
Gautier, Frederick E., Winnipeg.
Grant, Lt.-Col. W. A., Montreal.

Haney, M. J., Toronto.
Hosmer, C. R., Montreal.
Hesketh, Lt.-Col. J. A., Winnipeg.
Hutcheson, H. W., Winnipeg.

Law, David, Montreal.
Montizambert, F., C.M.G., I.S.O., M.D., Ottawa.

Machado, J. A., Ottawa.
Macpherson, Lieut-Colonel W. Molson, Quebec.
Mason, General Hon. James, Toronto.
Morrice, W. J., Montreal.
MacTier, A. D., Montreal.
MacLean, Lt.-Col. J. B., Toronto.
MacTaggart, D. D., M.D., Montreal.
Molson, F. W., Montreal.
McIntyre, J. Malcolm, Montreal.
McAllister, Mrs. J.B., New Westminster.

Nesbitt, Wallace, K.C., Toronto.
Nesbitt, Mrs. Wallace, Toronto.
Nanton, A. M., Winnipeg.

Osler, Major H. F., Winnipeg.

Paton, Hugh, Montreal.
Pellatt, Gen'l Sir H. M., C.V.O., Toronto.
Perley, Hon. Sir Geo. H., M.P., Ottawa.
Pennock, Charles G., Vancouver.
Pennock, Mrs. Henrietta C., Vancouver.
Paterson, Hon. Thomas W., Victoria.

Robertson, James, Montreal.
Ross, J. K. L., Montreal.
Ryerson, Surg.-Gen. G. Sterling, M.D., Toronto.
Rogers, Jonathan, Vancouver.
Rogers, Mrs. Elizabeth, Vancouver.
Reid, J. Y., Winnipeg.
Ruttan, Lt.-Col. H. N., Winnipeg.

Shaughnessy, Rt. Hon. Lord, Montreal.
Sims, Major A. Haig, Montreal.
Smith, Hon. G. R., Montreal.
Sandeman, A. A., Montreal.
Smith, C. J., Montreal.

Tomalin, Wm. C., M.D., Victoria.
Thomson, Lt.-Col. R. M., Winnipeg.
Teagle, Mrs. W. C., Toronto.

Walker, Sir Edmund, Toronto.
Wilson, General E. W., Montreal.
Wait, W. A., M.D., Winnipeg.
Warsnop, T. H., Capt., Kamloops.

HONORARY LIFE MEMBERS.

Copp, Charles Joseph, M.D., Toronto.
Jones, Surg.-Gen. G. C., C.M.G., M.D., Ottawa.
Hume, Rowena Grace, M.D., Toronto.
Watts, Frederick Earl, M.B., Toronto.
Hodgetts, Col. Charles Alfred, M.D., L.R.C.P. (Lond.), D.P.H., Ottawa.
Simpson, James Alexander, M.D., Hamilton.
Smith, David, M.B., L.R.C.P. (Ed.), L.F.P. & S., Glasgow, Stratford.
Minchen, David John, M.B., Berlin.
Donald, Major David, M.D., Victoria.
Paulin, Stanley, M.D., Vancouver.
Hardy, Ethelbert Brown, M.B., F.R.C.S., Toronto.
Scott, Arthur Wallace, B.A., M.B., F.R.C.S., Toronto.
Burt, Geo. S., M.D., Owen Sound.
Hyland, Gordon, M.D., Toronto.
Macnamara, Albert Thomas, M.B., Toronto.
Rolph, Albert Hill, B.A., M.B., Toronto.
Howlett, George R., M.D., Ottawa.
Ballantyne, C. T., M.D., Ottawa.
Watts, F. E., M.B., Toronto.
Murray, H. G., M.D., Owen Sound.
Beatty, M. B., M.R.C.S. (Eng.), Toronto.
Lambly, W. O., M.D., C.M., Sherbrooke.
Oliver, E. B., M.D.
Clegg, F. R., M.D.
Gliddon, W. O., M.D., Ottawa.
Smith, Mackenzie, M.D.
Lucas, E., M.D.
Holmes, Charles Denton, M.D.
O'Brien, Lewis J., M.D.
Hudson, A. B., M.D.
Weldon, Richard C., M.D.
Manchester, C. H., M.D.

HOW TO FORM A CLASS

First Aid, Home Nursing, Home Hygiene or Sanitation

To those who are interested in the formation of Classes of instruction in any of the subjects mentioned above, the following suggestions are offered:—

A Class consists of 30 or less, of one sex (except in Home Hygiene, in which mixed classes are permitted), and as soon as sufficient names have been secured, the services of two Doctors shall be obtained, one to conduct the lectures, and the other to examine the class on its completion. Usually these services are rendered free, and such service by the Surgeon lecturer makes him eligible for recommendation as an Honorary Life Member of the Association, on his having given four courses gratuitously.

Each member of the class will be assessed a fee to cover the necessary expenses, which will include the following:—Class fee, $5.00; set of Charts, $5.00; Text Book and Illustrate Bandage, 50 cents for each person, and cost of any other supplies which may be required. Roughly speaking the individual cost of the full course of five lectures and examination, including the issue of certificates and above mentioned expenses, will amount to about $1.50. When the number in the class is less than 30 the proportion of assessment may be slightly increased, as there are certain fixed charges, such as the Class fee and purchase of Charts and Splints, which have to be met irrespective of the number of persons attending.

Classes are held not oftener than once a week, at a time and place which will be mutually agreed upon, and each lecture and practice should last for two hours. Each class will appoint a Secretary who will be responsible that all fees are paid at the start, that a roll of attendance is kept, and that all supplies are in their place on the night (or day) of the lecture. This officer will report to the Honorary Secretary of the Local Centre, if such exists, and if not, to the Honorary Secretary of the Provincial Council. On receipt of the fees the examination papers will be forwarded to the Examiner.

Any additional information required will be furnished by the officers of the Council of the Province in which the applicant resides, or by the General Secretary of the Canadian Branch as below.

General Secretary,
14-15 Castle Bldg., Ottawa.

HOW YOU CAN ASSIST

AN ANNUAL SUBSCRIPTION of $2.00 and upwards constitutes membership of the St. John Ambulance Association. Subscriptions are due on 1st January in each year, but if paid for the first time in October, November, or December, will be taken as covering that for the year following.

A DONATION of $25.00 and upwards constitutes LIFE MEMBERSHIP. In the case of business firms contributing that sum and upwards, with a view to defraying the expenses of classes connected with their places of business, an individual member of such firm shall be appointed a Life Member of the Local Centre. In a case where the firm is desirous that its own trading or business name or designation should so appear, the period of such nominal life membership for one such payment shall be limited to *Ten* years.

Many classes are self-supporting, but there are innumerable others, especially those for the naval and military services, the mercantile marine, police, firemen, railway and dock employees, colliers, miners, and the like, entailing very heavy expense on the executive.

The Association therefore appeals for increased substantial pecuniary support which may take the form of Annual Subscriptions, Donations, or Legacies, and in so doing desires only to remind its supporters that its labours are limited by no distinction of race, or creed, or political party, but have for their object only the application of that precept which is the fundamental principle of the old Order of St. John, "PRO UTILITATE HOMINUM," service in the cause of humanity.

FORM OF BEQUEST

I will and bequeath to the CANADIAN BRANCH OF THE ST. JOHN AMBULANCE ASSOCIATION, the sum of_____ _____ Dollars, and the receipt of the Treasurer of said Association for the time being shall be a full and sufficient release to my executors for the payment of same.

TEXT BOOKS, &c.

"First Aid to the Injured."—By James Cantlie, M.A., M.B., F.R.S.C. The authorized Text-book for the First Aid Course. In English or French. Price 35 cents.

"Hints and Helps for Home Nursing and Hygiene."—By E. MacDowell Cosgrave, M.D. The authorized Text-book for the Nursing Course. Price, 35 cents.

"Home Hygiene."—By John F. J. Sykes, D.Sc., M.D., etc. The authorized Text-book for the Elementary Home Hygiene Course. Price 35 cents.

"Catechism on Nursing," 20 cents.

"Catechism on Hygiene," 20 cents

"Catechism on First Aid," (based on Dr. Cantlie's Manual). By J. M. Carvell, M.R.C.S. Price 20 cents.

"Questions and Answers on Ambulance Work."—By John W. Martin, M.D., and John Martin, F.R.S.C., Ed. Price 35 cents.

"Questions and Answers upon Nursing."—By John W. Martin, M.D. Price 35 cents.

"First Aid to the Injured Six Ambulance Lectures."—By Professor Friedrich Esmarch. Translated from the German by H.R.H. Princess Christian. Price 75 cents.

Pocket Certificates for candidates who have passed the examination in First Aid to the Injured. Price 25 cents.

Wooden Splints.—Price, per set of five, 50 cents.

Greatly Improved Wooden Splints with Grooved Joints and Angle Piece. Strongly recommended. Price, per set of six, $1.65.

"Emergency Book," for instantaneous reference, giving concise instructions; to hang on wall. Size about 1 ft. sq. Price 75 cents.

Large Physiological Diagrams.—For Lecturer's use, comprising: the human skeleton; the muscular, arterial and venous systems; the heart and circulation of the blood; simple fracture; compound fracture; dislocations. Price, per set of six, $5.00.

Roller Bandages (in assortment). Each packet contains 6 bandages as follows:—6 yards long—one 6 in., two 3 in., one 1 in.; 4 yards long—two 2½ in., Fine Grey Calico. Price per packet, 35 cents.

Illustrated Triangular Bandages (after Esmarch). Showing 21 applications of the triangular bandage, with printed instructions. Each 25 cents.

Roller Bandage Machine.—Designed by A. C. Tunstall, M.D. Price $1.00.

"Problems in First Aid," a companion to the authorized text book "First Aid to the Injured." By L. M. Frank Christian, M.B., C.M., (Edin.) and William R. Edwards, A.C.A., Price 20 cents each.

If You Are Interested

—IN—

"FIRST AID,'

"HOME NURSING,"

'HOME HYGIENE,

—OR—

"SANITATION"

And desire to join a Class or

organize a CENTRE

SEE PAGE 71.

GEO. N. POPHAM, LIMITE
OTTAWA, ONT.